** IMPORTANT NOTICE **
** TRAVEL ADVISORY **

The World Health Organization declared a pandemic on March 11, 2020 due to the Coronavirus-19 (COVID-19). On March 13, 2020 Six Nations Council passed that Six Nations of the Grand River will have a travel ban for all Six Nations Elected Council and employees and also declared COVID-19 as a community emergency. Travelling during this pandemic will increase the risk of bringing this virus to the community. Canada is recommending that all non-essential travel outside Canada be avoided and that people outside of Canada need to consider returning as soon as possible. At this time Six Nations of the Grand River and Six Nations Health Services are doing everything possible to keep our staff, clients, our residents and the community safe.

As many of our families may be travelling from March 14 through to April 5, 2020, the Public Health Agency of Canada recommends that travellers avoid non-essential travel to areas with widespread transmission of COVID-19. Visit this link for more health advice: https://www.canada.ca/en/public-health/services/diseases/2019-novel-coronavirus-infection/latest-travel-health-advice.html

If you are traveling, please speak to your Supervisor/Manager to let them know of your travel plans. Please let your Supervisor/Manager know the following:
- Where you will be travelling?
- How you are getting there?
- What is your expected date back to Canada?

Daily preventative measures, including while travelling:
- Make sure you have hand sanitizer and tissues with you at all times.
- Avoid large gatherings and avoid contact with sick people.
- Avoid touching your face, eyes and mouth.
- Clean your hands frequently with hand sanitizer or soap and water.
- Cover your cough and sneezes with your elbow or a tissue.
- Do not drink from the same cups or water bottles.
- If you become sick, avoid others and contact a health clinic in the area
- Clean/disinfect frequently touched items/surfaces (i.e., door knobs, cell phone, remotes)

Returning from travel
When you return to Canada, you are to:
- **Self-isolate for 14 days** and notify your Supervisor/Manager that you have returned to Canada
- **Self-isolating is the act of isolating or separating oneself from others**
- If you had or have symptoms (fever, cough or shortness of breath), it is imperative that you immediately:
  - notify your Supervisor/Manager **AND**
  - notify Ohswweken Public Health at (519) 445-2672

Please be diligent to follow the daily preventative measures listed above to limit your exposure to this virus.