ORANGE SHIRT DAY—September 30, 2020

The "orange shirt" in Orange Shirt Day refers to the new shirt that Phyllis Webstad was given to her by her grandmother for her first day of school at St. Joseph's Mission residential school in British Columbia. When Phyllis got to school, they took away her clothes, including her new shirt. It was never returned.
Five New Cases of COVID-19 within 24 Hours, Community Urged to Follow Public Health Directions

Within 24 hours three new lab confirmed positive cases, and two probable cases of COVID-19 have been reported by Ohsweken Public Health in Six Nations Territory.

A probable case is when a person(s) have been identified as having a high-risk of exposure (in close contact with a positive case, and symptomatic) but has declined testing to confirm, and are treated as positive case(s) by Ohsweken Public Health.

Contact-tracing is underway by Ohsweken Public Health and each of the identified contacts has been provided with the appropriate Public Health guidance based on their level of contact. Thanks to the ongoing work of the Six Nations Assessment Centre, individuals have been in self-isolation since onset of symptoms.

These latest confirmation of positive cases brings the total number in Six Nations (since the start of the pandemic) to twenty-one (21). Since the pandemic began, the Six Nations COVID-19 Information and Assessment Centre has completed 1946 tests and of those tests, 1821 were confirmed negative cases.

This increase overnight indicates COVID-19 is here in Six Nations and we are at a point in the pandemic where cases may now be community acquired (where the source of the virus cannot be easily identified) urging the community to follow the core health principles.

Six Nations members are reminded that as a largely populated First Nations community, we are automatically at a heightened risk of contracting, spreading and fighting the virus for various reason such as lack of access to clean water, over crowded housing and underlying health conditions.

“If you have high risk people living in your household you must conduct continual risk assessments when thinking of leaving your home and community.” States Elected Chief Mark Hill. “Guidance and educational pieces are out there; we continue to provide such for the community and are requesting the community to please follow these measures.”

Let these spike in cases be a wake-up call to the community to increase awareness, tighten up social circles, and follow public health measures such as wearing masks and physical distancing with those who do not live in your immediate household. We must remain vigilant, we cannot let our guard down and we must continue to protect our people.

Please reconsider any Thanksgiving or other plans for gathering with friends and family in the near future. We know that everyone wants life to get back to normal, but we need to be extra cautious at this time, especially if you or anyone in your household is vulnerable due to being elderly or have underlying health conditions.
“Since moving to stage 2.5 the community are becoming slack with the core health principles, please let these 5 new cases be a stark reminder that the virus is still in and around Six Nations Territory,” says Six Nations Health Service’s Director Lori Davis Hill. “To see this through with minimal cases we must not ignore the core health principles, my advice would be to conduct yourself as though you have the virus and don’t want to spread it, and as if everyone else has the virus and you don’t want to get it.”

To reduce the risk of transmission of COVID-19, it is critical that all Six Nations members continue to follow everyday steps to reduce risk of COVID-19 transmission and follow the below core health principles:

1. Staying home when ill or keeping your child home from school when ill, even with mild symptoms;
2. Maintain physical distance by keeping at least two metres from others outside your immediate household;
3. Wash hands regularly with soap and water or use alcohol-based hand sanitizer if soap and water are not available;
4. Wear a face covering when in public places or when physical distancing is a challenge or where it is mandatory to do so and
5. Clean/disinfect commonly touched or high traffic surfaces in the home and at work to minimize the spread of germs and viruses.

Ohsweken Public Health are reminding the community of their responsibility when it comes to contact-tracing, a tool that continues to prove extremely effective in finding and containing the COVID-19 virus, but only when an infected person can list the people they have been in contact with over the past 14 days. Contact tracing and self-isolation are not punishment. The Public Health nurses are not passing any judgment on anything you have done, they are simply trying to contain the virus from spreading further, thereby saving lives.

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Short Stay Absences & Temporary Absences – Iroquois Lodge

Date: September 24, 2020

The Ministry of Long-Term Care announced on August 28, 2020 that residents of Long-Term Care homes in Ontario are now approved for “short stay absences” and “temporary absences”.

- A short stay absence means that residents can leave the home for health-care related, social and other outings that does not include an overnight stay.
- A temporary absence is defined as an absence of one or more nights for personal reasons. This type of absence is requested by the resident or Power of Attorney and a risk assessment will be completed by the Director of Care before approval.

As we monitor the rise in cases in Ontario and prepare for the possibility of a second wave, staff and residents of Iroquois Lodge remain concerned. There is risk associated with the changes in Directive #3 announced by the Ministry. Due to the size and layout of our building, we are unable to keep residents physically distanced during meal times or in other common spaces such as our lobby. In order to balance the quality of life and the safety of our residents we will be implementing some strategies to mitigate the risks. We will assess the risk of exposure of each resident who goes on short stay absences and determine the infection control procedures to be implemented. These might include asking residents to wear masks while in the building in spaces other than their room. We might also cohort residents for meal times or serve them meals in their rooms.

We again wish to thank all of the families for their ongoing patience, cooperation and support during this difficult time. Our team at Iroquois Lodge has worked diligently to stay COVID-19 free over the past 27 weeks. We will continue to do everything we can to keep residents and staff safe from COVID-19. If you are feeling unwell or have travelled to the United States within the past fourteen (14) days, please reschedule your visit. Below outlines the processes for temporary and short stay absences.

To schedule a Temporary Absence
If the resident is not able to make the decision to for a temporary absence, the Power of Attorney (POA) or Substitute Decision Maker, must contact Iroquois Lodge at 519-445-2224.

The POA/Substitute Decision Maker must provide the following information:

- Date and time of pick-up
- Reason for the absence
- Name of the one person picking up the resident
- Date and time of return
Process for Pick-up

- The family member will enter using the front entrance and go through the screening process.
- The family member will be required to wear a face covering upon entry and while waiting for the resident in the front entrance.
- The nursing staff will provide the resident with a mask and the family member with any other information, medications, directions, belongings, etc.

During the Absence

- While outside of Iroquois Lodge, residents must wear a medical mask that was provided to them at all times (if tolerated) unless they are eating, drinking or sleeping.
- They must adhere to the physical distancing guidelines.
- Family members are also asked to wear a mask for the duration of the outing.
- Continuous hand hygiene is strongly recommended.

Additional Information about Temporary Absences

- Approval of these types of absences is based on a case by case risk assessment that includes the following;
  - The ability to self-isolate the resident for 14 days upon return
  - Local community COVID-19 transmission and activity, based on Public Health
  - The risk of the planned activities while on the outing
  - The resident’s ability to comply with local policies and Ministry of Long Term Care policies
- If the home denies a temporary absence, this will be communicated, along with the rationale, in writing to the resident or Substitute Decision Maker
- All residents must wear a medical mask at all times when they are off the home’s property and must be provided with Infection Prevention and Control education, specifically around the importance of physical distancing.
- Upon return, residents must be accompanied by one family member to the screening desk at Iroquois Lodge. The screener will contact the Charge Nurse to accept the resident back into the home. If a family member is not accompanying the resident, the Charge Nurse must be notified of the date and time of arrival.
- Upon return, the resident will be placed on isolation precautions for 14 days and will be tested for COVID-19 on day 15 post isolation.
- If Iroquois Lodge is declared in Outbreak while a resident is on a temporary absence, the resident will not be able to return to the home until the outbreak is over.
Short Stay Absences

- At this time, residents will be able to schedule short stay absences with a staff member from Iroquois Lodge. This would include outings for haircuts, banking or shopping. This is to support residents to maintain the safety protocols as outlined by local public health and community guidelines.
- All residents must wear a medical mask at all times when they are off the home’s property and must be provided with Infection Prevention and Control education, specifically around the importance of physical distancing.
- Upon return the resident will be actively screened as per current process.
- Residents will not be required to be tested for COVID-19 for a short-stay absence nor required to be on isolation precautions upon their return to the unit unless they fail the screening process.

Nya:weh for your support and cooperation!
Iroquois Lodge Leadership Team

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1695 Chiefswood Road, P.O. Box 5000, Ohsweken Ontario NOA1M0
Iroquois Lodge Indoor/Outdoor Visitation – Update

Date: September 24, 2020

The Ministry of Long-Term Care announced updated visiting guidelines on August 26, 2020. We want to thank all of the families for their ongoing patience, cooperation and support during this challenging time. Our team at Iroquois Lodge has worked diligently to keep COVID-19 out! We want to continue to do everything that we can to keep residents and staff safe. If you are feeling unwell or have visited in the United States in the last fourteen (14) days, please reschedule your visit.

Types of visitors:

1) **Essential Visitors**: a person performing an essential support service within the LTC home (i.e. government inspector, contractor, lab technician) or a person visiting a palliative or critically ill resident. This also includes a Designated Caregiver, someone designated by the resident to provide direct care to the resident.

2) **General Visitor**: a person who is visiting to provide non-essential services or family/friends visiting for social reasons.

**Outdoor Visits**

- Outdoor visits will continue as long as the weather permits.
- COVID test is NOT required
- Call Iroquois Lodge one day in advance to schedule a time.
- Residents may have two people visit at one time.
- Visiting hours are from 9:30am-12:00pm and 1:30pm-5:00pm. Visits are limited to 30 minutes.
- Screening will be completed upon your arrival. This will include taking your temperature.
- Please ensure to bring a face covering with you. You must wear this during your visit.
- Staff will bring the resident to the outdoor visiting area.
- Please remain six (6) feet physical distancing during the visit to help limit any risk of COVID-19.
- No public washrooms will be available for visitors.
Indoor Visits – General Visitor

- Call Iroquois Lodge one day in advance to schedule your visit.
- Residents may have two people visit at one time provided the resident is not self-isolating and the home is not in an outbreak of any kind.
- Visiting hours are from 9:30am-12:00pm and 1:30pm-5:00pm. Visits are limited to 30 minutes.
- Please bring a copy of your negative COVID-19 test with you. The test must have been completed within the previous 14 days.
- Screening will be completed upon your arrival. This will include taking your temperature.
- Visits will take place in the resident room and the room will be cleaned before and after each visit.
- A surgical mask must be worn at all times while visiting (no drinks/food, do not remove mask if making a phone call).
- Please use hand sanitizer that is located in the front entryway.
- No public washrooms will be available at this time.

*Non-adherence to visiting protocols can result in restricting further visits. We want to continue to keep all residents safe! We look forward to having family and friends safely visiting indoors again!

*If Iroquois Lodge were to be in an outbreak, only essential visitors will be permitted.

Nya:weh for your support and cooperation!
Iroquois Lodge Leadership Team

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Private Gatherings Reduced to 10 Indoor and 25 Outdoor – Caution Travelling to COVID-19 Hotspots

During last night’s General Council meeting the Emergency Control Group recommended to Elected Council to reduce the amount of indoor and outdoor PRIVATE, UNMONITORED gatherings from 25 and 40, to 10 and 25 respectfully.

This does not apply to STAFFED OR MONITORED FUNCTIONS; given those gatherings have the recommended health and safety risk mitigation procedures in place; such as active screening for symptoms, mandatory mask wearing, physical distancing, conducting ongoing risk assessments, recording a contact-tracing log, and the implementation of proper hand hygiene regimes. Staffed functions will remain at gathering sizes of 25 indoors and 40 outdoors as per the Six Nations Health and Safety Guidelines Stage 2.5.

Monitoring the surrounding areas and the continuous rise in confirmed cases gave cause to this recommendation from ECG to Elected Council, as Toronto, Peel Region, Brampton and Ottawa are currently active COVID-19 hotspots.

ECG commends the community for continuing to practice the Public Health recommendations to keep our families safe and protecting our people however, cautions the community to reconsider travelling to the above-mentioned hotspots.

“Six Nations of the Grand River community has done very well at keeping the numbers low but we do not want to let our guard down now—we must remain vigilant,” encourages Elected Chief Mark Hill.

Although Six Nations community members have been doing a good job at keeping our case counts low, with colder weather approaching and private gatherings moving indoors, the risk of transmission will increase, so we need to be diligent to keep ourselves and our families safe.

We do not want to move back a stage or go into lockdown again, so we need to be even more vigilant with following public health practices.

This can include wearing masks or face coverings during private family gatherings with those outside of your household and keeping gathering sizes to a recommended minimum of 10 indoors and 25 outdoors. Please note that these gathering sizes cannot be combined – you should not have a gathering with 25 outdoors and 10 indoors. If you are having a gathering that is both indoors/outdoors it should be limited at 10.

Any community members interested in booking a test or learning more information about the Novel Coronavirus COVID-19 are encouraged to call the Six Nations COVID-19 Information and Assessment Centre toll free at 1-855-977-7737 or locally at 226-446-9909.

Any community member interested in seeking guidance for their business’ functions during the COVID-19 pandemic are encouraged to call the Six Nations COVID-19 Guideline Hotline for Business at 519-750-4908.

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Emergency Control Group Create COVID-19 Education Videos Free for Community Mandatory for Staff

Six Nations of the Grand River Elected Council (SNGREC) received recommendations from the Emergency Control Group (ECG) to implement additional mandatory COVID-19 training for all SNGREC employees and provide the COVID-19 Education Videos as a free resource for the community. This training and video series is entitled “Skoden: Protecting Against COVID-19”.

SNGREC Managers, Directors, and Supervisors only are directed to book their department’s “Skoden” Zoom training session with Six Nations Health Services’ Elle Froman, Clinical Education Coordinator and COVID-19 Presenter/Trainer, and can be reached via email at ecc@siknations.ca.

Members within ECG from Health Services Department and Communications Department created these series of Six Nations COVID-19 Education Videos.

Captured over four different parts on YouTube the following videos can be viewed online by following to the below links:

Part 1: https://www.youtube.com/watch?v=IP5MsIPOd0
Part 2: https://www.youtube.com/watch?v=KYyULBn-inU
Part 3: https://www.youtube.com/watch?v=qHkumBw5bM
Part 4: https://www.youtube.com/watch?v=BSUuinOdVnM

Providing the educational videos developed by health professionals and educators to the community is an effective way to close the COVID-19 knowledge gap.

“If community members are better educated on the virus and how it can directly affect their community and families, they are empowered to better protect themselves and others, which should hopefully reduce the likelihood of future outbreaks in the community,” states Lori Davis Hill, Director Six Nations Health Services.

As one of the largest employers on the territory, SNGREC employees have extensive contact with the community so it is essential that staff be educated and informed about COVID-19, in order to set a good example for the rest of the community.

In addition, if all staff are trained and better educated on the virus particularly in relation to Six Nations, this should reduce the likelihood of workplace outbreaks, as it will help ensure that staff are conducting themselves safely both on and off duty.

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"Skoden: Protection Against COVID-19" is DIFFERENT because it covers topics directly related to Six Nations peoples & community. Skoden discusses exactly what cleaning products you need to kill COVID-19; How to work with children to use face coverings; what “going into your shell” and “staying in your nest” is; How quickly the virus spreads; Risks you should know around travel & “visiting”; and finally How overall “Protection Against COVID-19” looks like using the Hierarchy of Controls & other ways to “thicken your shell”.

- Presenter/Trainer Elle Froman

October Dates & Times:

- Oct. 1, 15, 29 at 2pm
- Oct. 8, 22 at 10am

Registration/Contact Info:
Managers, Directors & Supervisors, Executive Assistants ONLY email Elle Froman to register at: cec@sixnations.ca
Six Nations of the Grand River Parks and Recreation
Opening of Some Outdoor Facilities

The Six Nations of the Grand River Elected Council is pleased to announce that the Parks and Recreation Department will be opening the following outdoor facilities located at 1738 Fourth Line Road, Ohsweken on Monday September 28, 2020 using a participant booking system which will start on Monday September 21, 2020:

- Sports Fields
- Running Track
- Ball Hockey Rink

The Splash Pad and Softball Diamonds will remain closed because their regular seasons (primarily summer months) of operation have passed for 2020. The Skate Park will remain closed, because it promotes a high risk for community members to possibly be injured and Parks and Recreation would like to prevent this type of consequence during this COVID-19 Pandemic.

The COVID-19 Information and Assessment Centre will continue to operate outside of the Six Nations Community Hall. Consequently, the main entrance to the grounds will continue to be closed to the general public, unless an appointment has been arranged for the person to be tested at the COVID-19 Information and Assessment Centre.

All interested persons will be required to register to use the facilities on a first come, first served basis. Six Nations Parks and Recreation will be using a participant booking system which will include the COVID-19 Health Screening Tool. These procedures are being used to help protect the health and safety for all; plus it will allow for contact tracing during this Pandemic.

The opening of the outdoor facilities is a first phase for the Parks and Recreation Department to operate facilities during the COVID-19 Pandemic. The Elected Council will continue to monitor the status of the Pandemic at Six Nations of the Grand River and will give consideration to approve a possible move to a second phase such as opening the Gaylord Powless Arena, if conditions allow.

Community cooperation to abide by the COVID-19 protocols will be key to keep our community members safe and is a requirement to move from one phase to the next. If cooperation is not shown by community members, the decision to close the outdoor recreation facilities will happen and movement into the second phase may be delayed or retracted.

For more information, please contact the SNGR Parks and Recreation department beginning at 8:30am on Monday September 21, 2020. Outdoor facilities will be closed for the winter season on October 31, 2020.
Below is the Timeline for Booking and the Operation of the Outdoor Recreation Facilities:

All interested persons must register with Parks & Recreation to Book Facilities. When?
- Starts Monday Sept. 21/20
- 8:30 a.m. to 4:30 p.m. Mon-Fri
- Telephone 519-445-4311
- E-mail leighathomson@sixnations.ca
- Participants must register for contact tracing purposes

Outdoor Facilities OPEN
- Monday September 28/20
- 8:00 a.m. to 7:00 p.m. Mon-Sun
- Enter/exit via Lawrence Jonathan Lane Only
- You must receive a confirmation notice that your booking request is approved.

Outdoor Facilities CLOSE
- 5:00 p.m. on Saturday October 31, 2020

Six Nations of the Grand River
Rules at Parks & Recreation Outdoor Facilities
during Stage 2.5 of COVID-19 Pandemic

**Please Remember**
- If you are not feeling healthy, to please stay home.
- Physical Distance by 6 Feet or 2 metres
- Wear a Mask if unable to Physical Distance
- Sanitize hands before and after leaving facilities

By abiding by all COVID-19 protocols, we are keeping each other safe!

**Types of Activities Allowed**
- Training Activities only
- No contact play or scrimmages
- Lacrosse nets will not be placed at Sports Fields
- Hockey nets will not be placed at Ball Hockey Rink

**Maximum Occupancy per Facility**
- 40 persons at each Sports Field
- 40 persons at Running Track
- 20 persons at the Ball Hockey Rink

"Keep safe everyone! Keep healthy!"
Parks and Recreation Staff

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Six Nations of the Grand River Mourns Passing of Charles Wayne (CW) Martin


Mr. Martin was elected to the 57th SNGR Elected Council, in the former District #3 and served one term.

Prior to Mr. Martin’s brief career on elected council, “CW” as he was affectionately known, was a long time employee in the forestry department in the former Economic Development Department of SNGR.

While with council, CW provided expertise on curbing the community’s gypsy moth matter and will be remembered for his dedication to the community in the field of forestry.

CW assisted his wife Toni in caring for children and adults in need of care in the community.

Always known for his fun, friendly, demeanor, Mr. Martin would be found at the community BBQ on Solidarity Day, Bread and Cheese or sharing a hearty laugh with all those around him.

CW hearty laughter was one of a kind and will be greatly missed by Six Nations of the Grand River Elected Council and the community.

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25 Year Commemoration of Dudley George, and Ipperwash Crisis

Six Nations of the Grand River (SNGR) Elected Council would like to acknowledge the 25th anniversary of the OPP shooting that resulted in Ipperwash demonstrator Dudley George’s death.

Over the last 25 years, unresolved land rights issues continue to leave First Nations, municipalities, and project proponents frustrated by the lack of federal involvement nor the tools to resolve these issues.

The SNGREC believes that education, awareness and a willingness to work together to come to a solution must be an achievable goal in all parties’ eyes – especially the leadership bodies.

Six Nations of the Grand River calls upon all levels of government, including their agencies to review and fully commit to a jointly approved implement plan for the over 100 recommendations from the Report of the Ipperwash inquiry that was released by Justice Sidney Linden on May 31, 2007.

“We must take a stand to educate the non-Native communities. Most of these land claim issues are before their time and providing them with the chance to learn our position will help paint a clearer picture for those frustrated settlers,” states SNGR Elected Council.

The lack of recognition and respect of inherent, Indigenous and treaty rights are perpetual barriers that must be removed in order to establish healthy relationships with the First People of Canada.

In an era of climate change linked directly to resource extraction from Indigenous lands, learning from Indigenous peoples coined with corporate social responsibility commitment will help heal our depleting planet.

Six Nations of the Grand River calls upon the people of Canada and all levels of government to commit to increased education and awareness, respectful dialogue on fundamental issues which will lead to fostering healthier relationships with the First People of Canada.

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Guidelines may also be viewed online by following to:

COVID-19
SIX NATIONS
HEALTH AND SAFETY GUIDELINES

Covid-19 poses a particularly grave threat to the health and well-being of the people of the Six Nations of the Grand River (“SNGR”). Recognizing that, the SNGR has developed a Covid-19 guidance document that sets out practices for businesses to consider as they begin to reopen in the SNGR Territory.

The guidance contained in these practices incorporate insights that the world has gained, thus far, in confronting the unprecedented challenge that COVID-19 poses. They are meant to provide SNGR businesses with assistance at this difficult time. No particular practice is mandatory. SNGR appreciates that some businesses may not be able to incorporate all of the measures set out in the document, and that some businesses may choose to implement other practices that provide at least as much protection, if not more.

SNGR is aware, and reiterates, that the businesses in SNGR Territory are not, alone, responsible for the health and well-being of the community. That responsibility is shared by all, and everyone must do their part to protect one another. In that regard, people are strongly encouraged to wear masks when they are in public and unable to socially distance from others; people should wash their hands frequently with soap and water, and use hand sanitizer; and, people should refrain from touching their faces. In addition, all public spaces should be cleaned and sanitized with increased frequency.

Recognizing the vital role that businesses play in the economic and social health and well-being of our community, SNGR will be making further resources available to the business community during these challenging times. Representatives from SNGR Health Services will be attending at places of business to help owners and workers review and implement the measures set out in the Covid-19 guidance document. Businesses can also contact SNGR Health Services at the Six Nations Covid-19 Guidance Hotline at 519-750-4908, or by email at sn covid19guidance@sixnations.ca to arrange for an attendance.

In preparation for an attendance, please review the Self-Assessment Tool located at Appendix 3 to this document. Forwarding a completed scanned copy (i.e. by email) to the Health Services Representative in advance of their attendance may help the representative to focus, and maximize the value, of any assistance they may be able to provide.

In addition, businesses can contact the Six Nations Assessment Centre at 1-855-977-7737 or 226-446-9909, and the Six Nations Crisis Services at 1-866-445-2204 or 519-445-2234, for additional support services and information.

While no one can guarantee absolute safety and security in the face of Covid-19 during these extraordinary unprecedented times, SNGR and SNGR Health Services, are working together with the community to try and help it to deal with Covid-19, safely.

S K O D E N
Stay at home if you are sick
Keep common touch areas clean & disinfected. Keep washing your hands
Obey public health advice & social distancing
Do not touch your face
Emergency situations call 911
Cough and sneeze into your elbow or a tissue. Throw tissue into garbage and wash your hands.
A STAGED REOPENING

STAGE 1 – JUNE 8, 2020
A number of businesses that were identified as providing essential services remained open on SN GR Territory throughout the pandemic. A list of those essential services is attached at Appendix 1 to this document.

During Stage 1 of the reopening, which commenced on June 8, 2020, industrial and manufacturing facilities were also allowed to reopen. During this first phase of the reopening, border checkpoints were kept in place to ensure that entries were controlled and measured.

STAGE 2 – June 15, 2020
On June 15, 2020, SN GR entered the second phase of its reopening. In this stage, border checkpoints were removed, non-residents now allowed to enter the SN GR Territory, and the following non-essential businesses are permitted to reopen:
- Health and medical services that have been closed such as optometrists, and dentists.
- Personal care businesses such as hair and nail salons, tattoo services, day spas, etc.;
- Retail Operations, including tobacco shops and arts and crafts stores;
- Office based businesses;
- Wholesale and warehousing operations; Libraries, Museums, Art Galleries; Rideshare / Taxis;
- Chiefswood Park and other parks (Note: use of playground equipment is prohibited during stage 2);
- Sports Fields (i.e. softball diamonds, soccer fields and running tracks) other than those located in the vicinity of the Community Hall; and
- Horse barns.

** Up to a maximum of 10 people may interact during Stage 2 of the reopening, though every effort should still be made to protect vulnerable people such as elders. Physical distancing should still continue and all community members should continue to follow the public health core principles (i.e. hand hygiene, mask usage, staying home when ill, etc.).

STAGE 2.5 – SEPTEMBER 1, 2020
On September 1, 2020, SN GR will be entering phase 2.5 of its reopening. In this stage, the following will be permitted with physical distancing, masking, screening, hand hygiene, etc. are all still required:
- Indoor gatherings will increase from 10 to 25 people
- Outdoor gatherings will increase from 10 to 40 people
- Gyms and Fitness Centers may resume service
  - Each facility must first submit a re-opening plan to Ohsweken Public Health and/or Emergency Control Group for approval
- Outdoor playgrounds, inflatables and other outdoor facilities
- Sports and Cultural Memorial Center Grounds including some Parks and Recreation facilities
  - Some Parks and Recreation Facilities will be re-opening, though not all at once and will not be immediately available as of September 1st. Please wait for a subsequent press release indicating what amenities will be re-opening and the anticipated timeline. This is because special consideration needs to be taken due to the current COVID-19 Assessment Centre on the grounds
- Post-secondary institutions and high schools
  - Each facility must first submit a re-opening plan to Ohsweken Public Health and/or Emergency Control Group for approval
  - Parents with children going to school off-reserve should weigh the risks and benefits to their family when deciding if the child will continue with remote or in-person learning
- Restaurants are recommended to continue with patio, curbside pickup or delivery only for now (no dine-in service)

STAGE 3 – DATE TO BE DETERMINED
Revisions to the plans for Stage 3 will be considered, and made, as appropriate, and based on the level of risk. However, it is currently anticipated that so long as criteria for lifting Public Health measures are met, Six Nations will move to a third stage of reopening, during which the following sectors will be considered for resuming service:
- Restaurants (dine-in)
- Childcare facilities
- Sports training
- Team Sports
- Elementary Schools

* All mass gatherings continue to be prohibited for the foreseeable future. Mass gatherings will only be permitted if/when full immunity protection for the entire community is established.
** Any sector that has been deemed acceptable to re-open or resume service is not required to do so. Any business or organization may remain closed, at reduced capacity or with modified service. In addition, any business or organization may increase their risk mitigation strategies beyond what is recommended in the guidelines.
Survey #2 Results
Six Nations Community
Insights on...
Concerns, Behaviors and Attitudes
towards the COVID-19 Pandemic

The total amount of respondents were 163 community members.


Respondents Engaged: Of the 163 respondents who took the survey, valuable insight into the position of the community was discovered but has relatively few male and youth participation.

*This will be considered with surveys moving forward*

Executive Summary

This research Survey #2 provides insight into the concerns, behavior and attitudes of the Six Nations of the Grand River members during the ongoing pandemic. Four main themes were discovered from Recovery Survey #2:

1. Many of the community members wear masks and observe general best practices when out of their homes,
2. There was a very limited incidence rate of respondents identifying groups that were not affected by COVID-19, which indicates community members do not see themselves or their families as immune,
3. Respondents general sought information from reputable sources, as opposed to rumor,
4. There was a notable low willingness to take a vaccine if it were to become available.
Overall Feelings

The positive news is that while there is increased reported levels of anxiety, overall levels of depression appear to be lower and more temporary.

- Since the start of COVID-19, three quarters of SNGR members (77%) have experienced an increased level of anxiety.
- 63% of respondents identify as being Somewhat Anxious, 35% of respondents identify as being Anxious, and 9% of respondents identify with being Very Anxious.
- While three quarters (77%) of respondents identified as having increased anxiety, only half (48%) identify as feeling increased levels of depression since COVID-19 began.
- 51% of respondents do not feel depressed compared to only one fifth (22%) of respondents who feel no anxiety.

This data suggests that while anxiety is a constant and consistent theme of this pandemic, depression is less noticeable and less consistent.

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When asked if respondents have any positive stories to come out of the pandemic, there were some uplifting responses:

- “My son (5 years old) held a bake sale and delivered baked goods to family members. All proceeds went to the Six Nations Food Bank.”
- “The hard work all community members participated in to slow the spread. ALL community members are ESSENTIAL in this.”
- “How the community came together to Protect Our People, this was very heart-warming and showcased how we as a people come together during hardships.”
- “Well I started my covid leave on April 14th, started working on my house and yard then added some exercise into my day. I lost 20lbs while on leave. I came back to work and have lost an additional 5lbs... total 25lbs to date.”
Perceived Risk

Overall, the respondents take COVID-19 seriously, with over two thirds (70%) reportedly being either concerned or very concerned. Of these respondents, very few (4%) identified that there are groups that are not affected by COVID-19.

Overall respondents identified their three main concerns as:
1. Health of their families (43%)
2. Health of the community (19%)
3. Health of at-risk groups (16%)

This is a notable selfless position, as very few of the overall respondents identified themselves as their main concern.

Personal Safety

Overall seriousness with which respondents are taking COVID-19 is a positive sign. Best practices are widely reported to be followed, including wearing face coverings, hand washing and physical/social distancing. Traveling to other communities is also relatively low, and travel that does happen is generally local. Most respondents only see others for groceries or fairly limited reasons.

- 95% of respondents reported wearing masks and using hand sanitizer when they are in public places,
- 56% of respondents said that they cough or sneeze into their elbow,
- 10% of respondents said that they wore gloves when in public,
- 89% of respondents said that they observe social distancing.

Also a positive sign that the majority of respondents have not been travelling to other communities outside of the region. While a large number of respondents have been to Brantford (82%), Caledonia (50%), Hagersville (44%) or Hamilton (39%), very few have been to either Toronto (6%) or the United States (2%).
Information Obtainment

SNGR respondents were most interested in factual information and seemed to trend towards reputable sources for this information. The top two pieces of information recipients were interested in are the number of COVID-19 cases reported locally (45%) and up-to-date research on COVID-19 (43%).

Most respondents get their information from reputable sources, with SNGR official outlets often being the source of preference.

The most used sources of data are:

- 48% SNGR Facebook
- 48% Director of Health Services YouTube Podcast with Lori Davis Hill
- 46% Healthy 6Nay Facebook
- 44% Six Nations COVID-19 Facebook

Nya:weh Thank you everyone who participated for taking the time to participate in the 2nd COVID-19 Recovery Survey and Nya:weh for your patience while completing this report!
Six Nations Lands/Membership Re-Opening

The Six Nations Lands Membership will be re-opening on Sept. 28, 2020; to protect the safety of Band Members and the staff we must put the following regulations in place:

- Front door will remain locked
- Masks are mandatory
- There will be no walk-ins
- Everyone must make an appointment
- Everyone will be screened when making their appointment.
- Second screen will be completed when you arrive at the Office.
- If you are 15 minutes late for your appointment, you must re-book. As this does not give the staff time to sanitize before the next appointment.
- Please call at least 24 hours ahead if you cannot make your appointment.
- If you are or have been to the United States, you must provide documentation from Public Health that you have quarantined for 14 days.

Certificates of Indian Status Cards

Renewal:
- You must return your status card plus one (1) additional piece of acceptable ID.

Lost Card:
- Must report your card lost and there is a 30 day waiting period.
- Must have two pieces of acceptable ID

Acceptable Identification

- Driver's License
- Birth Certificate
- Passport
- Provincial Identification Card with photo
- Provincial Health Card
- Firearm Acquisition Certificate
- Guarantor Form
- Nexus Card
- Certificate of Indian Status Card

Absolutely No Walk-Ins
NOW TAKING APPOINTMENTS FOR REGISTRATION

BEGINNING AUGUST 17, 2020

THE ONTARIO REGION IS PLEASED TO OFFER
APPOINTMENTS FOR REGISTRATION & MEMBERSHIP SERVICES

PLEASE CONTACT THE NEAREST OFFICE FOR MORE INFORMATION:

BRANTFORD: Reception Tel: 519-751-6462

THUNDER BAY: Reception Tel: 807-623-3534

TORONTO: Reception Tel: 416-973-5282

SUDBURY: Reception Tel: 705-522-5100

PLEASE NOTE THAT MASKS OR FACE COVERINGS ARE MANDATORY FOR ALL IN-PERSON SERVICES

TO ACCESS REGISTRATION APPLICATION FORMS, PLEASE VISIT:

www.sac-isc.gc.ca/eng/1462806841047/1572461062751
Calling Out to Our Community

Requesting HOME MADE MASKS

Any and all donations will be appreciated

Contact Public Works: 519-445-4242 to arrange your donations Nya:weh!
Public Works Notice
Road Work Happening

ROAD RESURFACING PROJECT

5TH LINE-CAYUGA ROAD TO CHIEFSWOOD ROAD WILL BE RESTRICTED TO ONE LANE FROM SEPTEMBER 21 TO OCTOBER 10
Questions?
Email: awinc.fnr@gmail.com
Call or Text: 289-808-2685

* Attention community members who use the pick-up waste and recycling service – you are responsible to separate recyclables for easier dumping by your pick-up service.

* Please note labels do not have to be removed for recyclables.

www.sixnations.ca

The Six Nations Recycling handbook

COMMUNITY GUIDELINES
FOR
SORTING HOUSEHOLD WASTE AND MATERIALS

SIX NATIONS OF THE GRAND RIVER
It is important that you properly sort your waste into these categories/bins, ensuring that any other materials are removed and sorted appropriately.

**Cardboard:**
Includes cardboard boxes and packaging.
- Please ensure that all cardboard boxes and packaging are empty and free from any other materials or waste.

**Paper:**
Includes coffee cups, newspapers, and magazines.
- Please ensure that any plastic windows (toy packages, envelopes) are removed.
- Please remove paper from binders and place the binders into their correct categories/bins depending on what materials they are made of.

**Clear Plastics:**
(usually marked with the #1 recycling symbol):
Includes water bottles, pop bottles, clamshell food containers, and clear plastic jars.
Not accepted: any black PET with the #1 symbol. These should be placed into the “mixed plastics” category/bin.

**Coloured Plastics:**
(usually marked with the #2 symbol):
Includes laundry detergent bottles, empty oil containers, and shampoo bottles.

**Mixed Plastics:**
(usually marked with #3-#7 recycling symbols):
Includes any black PET with the #1 symbol and any plastics without a recycling symbol.

**Clear Glass:**
Please rinse any clear glass containers thoroughly ensuring that all organic materials are removed. For glass containers please remove the lids and recycle the lids into the correct category (ie. metal lids, plastic lids, etc.).
Not accepted: coloured glass

**Scrap Steel:**
Includes most items that are made from metal like fridges, stoves, metal coat hangers, old tools, tin cans, old lamps, and auto parts.

**Pop Cans:**
Please ensure that the cans are rinsed and do not contain any materials or objects such as straws.

**Electronic Waste (E-Waste):**
Includes any electronic devices such as TVs, DVD players, remotes, old cell phones, printers, CPUs, remote controlled toys, radios.

**Household Waste:**
Includes non-recyclable, non-hazardous household waste such as plastic bags, styrofoam, dirty recyclables, as well as kitchen waste that isn’t being composted.
STORAGE ADVICE

Please keep all solvents, pressurized cylinders, fluorescent/compact fluorescent tubes, fertilizers and pesticides stored safely on your property until a Household Hazardous Waste Event is held. Household Hazardous Waste Events are held every June and November at the Six Nations Landfill Site located at 2470 4th Line.

Please take all pharmaceutical waste (i.e. expired medication) to the Chwelenen PHARMASAVE and please take all sharps (i.e. needles) to the Gane Yohs Health Centre which are both located at 1769 Chiefwood Road.

Please follow these tips to safely store household hazardous waste materials in your home until a Household Hazardous Waste Event:

- Handle products with care in a well-ventilated area and follow manufacturers’ instructions
- Clean up spills with an absorbent material such as cat litter
- Store materials in sealed containers with a secured lid
- Store materials out of reach of animals and children
- Store flammable materials away from sources of sparks, heat and light
- Store incompatible products separately;
  - A plastic tub is a good place to collect spent batteries. Apply tape to the terminals of lithium batteries.
  - Aerosols that contain residual product can be kept in a reusable shopping bag. (Empty aerosols are accepted at Six Nations’ Household Hazardous Waste Event)
  - A plastic bin or crate is a good spot for cans of leftover paint.
  - Store pressurized containers outside in an area where they are least likely to suffer from physical damage or tampering. When transporting, secure pressurized cylinders in an upright position on a flat surface.
  - Oil filters should be stored in a sealed bag

COLLECTION TRUCKS

Large collection trucks such as Norfolk Disposal or Waste Connections trucks will now be disposing of their waste at the Norfolk Disposal Transfer Station located at 811 Old Highway 24, Waterford, ON. Those residents who get collection from a provider other than Norfolk Disposal should contact their provider to clarify if there will be an increase to their service cost. Please note that the Six Nations Landfill Site is not charging tipping fees to our community members.

Norfolk Disposal Services Limited has been awarded the contract to haul our waste to our waste receiver site located at 3081 Taylor Road, Niagara Falls, Ontario which is managed by Walker Environmental Group Inc.
**Six Nations Transfer Station**

**Steps**

1. Community members arrive at the site and wait in line to go over the scale.
2. Once community members reach the scale, they will show the guard their status card and inform the guard what waste they will be depositing.
3. The guard will direct the community member to the appropriate bins to deposit their waste.
4. The community member deposits their waste into the appropriate bins. There will be staff nearby to direct them and answer any questions they may have.
5. The community member exits the transfer station through the by-pass lane next to the scale.

It is very important for the community to ensure that the proper waste is placed in its appropriately labeled bin:

- **#1**: Cardboard
- **#2**: Paper
- **#3**: Plastic
- **#4**: Plastic (lounge & containers)
- **#5**: Plastic (clean glass)
- **#6**: Scrap metal
- **#7**: Household white good
- **#8**: Household white waste

**Utensilable wastes**

- Biomedical waste
- Treated biomedical waste
- Material with biocidal or cytotoxic symbols
- Pesticides and herbicides
- Liquid waste
- Hazardous waste, waste derived from or mixed with hazardous waste

**These waste types are accepted only at our Household Hazardous Waste Events**

- Biomedical waste (only needles & syringes)
- Pesticides and herbicides
- Batteries
- Batteries
- Propane tanks
- Pressurized cylinders and gas cylinders
- Drums (steel or plastic) unless empty as well as crushed or cut in half
- Shredder fluff

The Six Nations Recycling Handbook

Each vehicle will be required to go over the scale upon entry. There may be queuing and increased wait times, your patience and understanding is appreciated.
Six Nations Child and Family Services in partnership with the Martin Foundation and Indigo Love of Reading held a book giveaway in early September. Families in the community were given new books to read at home with the goal of fostering a love of reading! Nya:weh to the Martin Foundation and to the Indigo Love of Reading Foundation for making this happen and to the families that consented to have their picture taken. The Primary Prevention Services team had a great day delivering the books to families.
Bicentennial Graduates
Class of 2020
Congratulations!

Lylah Hill
Anna Lee Hill
Diesel Monture
Marie Skye
Melanie Vyse
Oakley Jamieson
Rayna Vanevery

Kian General
Kierce Williams
Phoenix Anthony
Camryn Jamieson
Colin Jamieson
Lylah Farmer
Lawson Schindler
Violet Atkins
Wehnihsriyo Jamieson

Rowan Johnson
Elaina VanEvery
Eli Monteforte
Livia Skye
Nolan Isaacs
Ava Curley
Quinn Dawkins
NOW OFFERING SNAP ONLINE

CALL: 519-445-0230
EMAIL: SAMANTHA@SIXNATIONS.CA
CELEBRATING KINSHIP AWARENESS WEEK
SEPTEMBER 21 TO 25, 2020

Ogwadeni:deo would like to recognize & give “THANKS” / “NYA WEH”
to all our kinship families

Ogwadeni:deo and the Alternative Care Resource Team would like to take this opportunity to acknowledge and give thanks to all our Kinship families.

Thank you all Kinship caregivers for keeping our children and youth safe & connected!!

We recognize and celebrate the commitment, dedication, love, time & energy that our kinship families provide our children/youth, while making sure that they have a safe home and stay connected to their families & community. Your commitment has a life-long impact on children and youth’s lives and contribute to their safety & emotional well-being.

Benefits of Kinship?
- Reduces the stress associated with coming into care
- Family & Community relationships are preserved
- Children/youth are able to maintain their cultural connections
- Addresses the number of Indigenous children in care by keeping Indigenous families together, where possible

How does Kinship work?

KINSHIP CARE
Children requiring protection come into the care of Ogwadeni:deo and are placed with kin after they have followed the same assessment process and training as Sakotinonha (person who takes a child/youth into a nurturing care environment to provide cultural continuity, safety, security, support).

KINSHIP SERVICE
Children requiring protection that are NOT brought into care, which gives Ogwadeni:deo more flexibility to look at whether this is a good placement for the child(ren). The benefit is that it offers a new assessment process that is less intrusive and is not based on licensing standards that are set up for strangers taking care of our children.

Interested in learning more or want to become a Sakotinonha???
Contact the Alternative Care Resource Team at 519-445-1864 to speak with member of our Team!!
June 2020 NIHB UPDATE

NIHB to launch new claims processing system and services via Express Scripts Canada on June 29, 2020

- NIHB is pleased to inform you that it will be launching a new claims processing system on June 29, 2020, through a contract with Express Scripts Canada.
- Express Scripts Canada has been providing claims processing services to the program for dental, pharmacy and medical supplies and equipment benefits since 2009.
- Vision care and mental health counselling benefit claims will also begin to be processed by Express Scripts' new system.
- **Express Scripts Canada will not process medical transportation benefits**, which continue to be administered by NIHB.
- Client reimbursement requests for pharmacy, dental, MS&E, vision care and mental health counselling benefits should be sent to Express Scripts, once the new system is launched.
- Express Scripts will provide the NIHB program and clients with a number of new tools and features, including:
  - online services, such as claims history and submission, through secure, web-based client and provider accounts
  - call centre support
  - an improved and accessible on-line drug benefit list, updated daily
- Detailed information will be available on this page after the launch of the new system.
- Contact NIHB with any questions.
July 2020 NIHB UPDATE

NIHB launches new claims processing system and services via Express Scripts Canada

NIHB is pleased to announce that new and improved claims processing services for clients and providers are now available through Express Scripts Canada.

About Express Scripts Canada

- Express Scripts Canada is a private sector company that provides electronic claims processing services through a system that is tailor-made for NIHB
- Express Scripts Canada has processed NIHB dental, pharmacy and medical supplies and equipment benefit claims since 2009
- Express Scripts Canada now also provides claims processing services for vision care and mental health counselling benefits
- Express Scripts Canada does not process any aspects of NIHB medical transportation benefits, which continue to be administered by NIHB through Indigenous Services Canada's regional offices, First Nations communities, or territorial governments (NWT and Nunavut)
- NIHB maintains full responsibility for benefit coverage policies and decisions on client claims, and continues to review requests for benefits that require prior approval or predetermination
- If you need assistance or more information about any services provided by Express Scripts Canada, contact the NIHB Client Call Centre at Express Scripts Canada from Monday to Friday between 6:30 a.m. and 8:30 p.m., Eastern Time, excluding statutory holidays

NIHB client web accounts

- NIHB clients now have the option of creating a secure, web-based personal client account through the Express Scripts Canada NIHB website
- By creating a secure NIHB client web account, clients can:
  - view their benefit claims history and status of pending requests
  - submit client reimbursement requests online
  - submit appeal requests online
  - receive NIHB communication directly by email
- To create a web account:
  - visit the Express Scripts Canada NIHB website
NIHB July 2020 Update ... Cont’d

- select Create web account
  - you will be guided through the steps to set up your account
- If you need help with this process, you can contact the NIHBI Client Call Centre at Express Scripts Canada
- The creation of a web-based account is not mandatory
- You can still correspond with NIHBI or Express Scripts Canada by mail, fax or telephone

New client reimbursement process

- Client reimbursement requests for the following will now be processed by Express Scripts Canada:
  - pharmacy
  - dental
  - medical supplies and equipment
  - vision care
  - mental health counselling benefits
- The NIHBI Client reimbursement page of the Express Scripts Canada NIHBI website provides the form and instructions to submit client reimbursement requests, including what supporting documents are required for each benefit type
- There are 3 ways to submit a client reimbursement request to Express Scripts Canada:
  - by mail
  - by fax
  - online through your new NIHBI client web account
- If you are submitting your client reimbursement request online through your NIHBI client web account, you can send all documents electronically
- A scanned copy or photo of supporting documents, such as receipts, can be accepted

New online drug benefit list

- The NIHBI drug benefit list is a listing of prescription and over-the-counter medications and products that are covered by NIHBI
- A new and improved online drug benefit list is now available on the Express Scripts Canada NIHBI website. It is easier to search, and new listings are added right away
- For best results, search medications or products by chemical name, for example, 'ibuprofen', not 'Advil'. You will get a list of results, with an option to View details to see listing status and criteria, if applicable, for each product
- Please continue to contact the NIHBI Drug Exception Centre for questions about pharmacy benefits

Please visit the Express Scripts Canada NIHBI website for more information and to access these new features and services.
August 2020 NIHB UPDATE

Pharmacy benefit information

New pharmacy benefit listings

- NIHB now covers 3 Voltaren Emulgel products for treatment of back, muscle or joint pain. Eligible products listed in the NIHB drug benefit list are covered without prior approval, up to 100 grams per month
- NIHB recently listed triamcinolone hexacetonide, a steroid used to reduce swelling caused by a variety of health conditions including allergies, asthma or rheumatoid arthritis
  - The program now covers both injectable forms of the medication, triamcinolone hexacetonide and triamcinolone acetonide, as open benefits

Coverage of non-prescription pharmacy benefits recommended by pharmacists

- NIHB now accepts a pharmacist’s recommendation for coverage of any eligible non-prescription ‘over-the-counter’ pharmacy benefit
- To be eligible for coverage, the item must be listed on the NIHB drug benefit list and within the pharmacist’s scope of practice to recommend or prescribe
- Previously, NIHB had a selected list of non-prescription items that could be recommended by a pharmacist. That list is no longer in effect, and is replaced by this new policy

New dose limit for gabapentin

- For client safety, NIHB has changed the dose limit for coverage of gabapentin to 3600 milligrams per day, to a maximum of 30 days
- Pharmacists should call the Drug Exception Centre if a client reaches the dose limit

Medical supplies and equipment information

New coverage for oral digital thermometers

- During the COVID-19 pandemic, oral digital thermometers are listed as an open benefit with a price limit of $25 and a replacement guideline of 1 per 5 years
Thermometers are covered with a prescription from a physician or a nurse practitioner, or a written recommendation from a registered nurse or a pharmacist.

**Reminder: coverage of electric breast pumps**

- Electric breast pumps are a limited use benefit and prior approval is required for coverage. Criteria for coverage can be found in the [MS&E guide and benefit lists](#).
- During the COVID-19 pandemic, electric breast pumps may be covered for purchase (instead of rental), once every 3 years at a maximum price of $275.00.

**Increased coverage for some communication and respiratory benefits**

- NIH B recently changed frequency guidelines for selected voice restoration products and supplies. Prior approval is required and the new frequency guidelines are:
  - puncture dilator: 1 per year
  - gel cap insertion system: 1 per year
  - plug insert: 2 per year
  - flushing device: 1 box per year
  - cleaning brush: 2 boxes per year
  - gel cap: 1 box per year
- The replacement guideline for inlet filters has increased to 14 filters per year
  - Inlet filters are used with home positive airway pressure (PAP) devices and are covered as open benefits.

- There are no new cases of COVID-19 in the community
- There are 238 school related cases in Ontario
- 110 students, 50 staff, and 78 unidentified individuals
- There is 1 case of COVID-19 in Brant Haldimand Norfolk Catholic District School Board
  - St. Pius X Catholic Elementary School (1 student)
- There are 3 cases of COVID-19 in Grand Erie District School Board
  - Onondaga-Brant Public School (1 staff member)
  - Russell Reid Elementary School (1 staff member)
  - Cobblestone Elementary School (1 unidentified individual)

Status of Cases in Six Nations as of September 25th

- **16** Positive test results
- **0** Active Cases
- **1882** People tested
- **1804** Negative results
- **15** Cases resolved
- **1** Death
- **70** People in self isolation

Details about Six Nations Cases

- **52%** are female
- **35%** are 20–39 years old
- **48%** are male
- **45%** are 40–64 years old
On the Road Again: Mobile Cancer Screening Coach to Resume

We're back! The Hamilton Niagara Haldimand Brant Regional Cancer Program is happy to share that Mobile Cancer Screening Coach services will resume the week of October 5, 2020. The Coach has been off the road since the middle of March in response to the COVID-19 pandemic.

A Coach team member can help you determine what tests are right for you. We provide:

- Mammograms (ages 50 to 74 through the [Ontario Breast Screening Program](https://www.breastscreenontario.ca))
- Pap tests (ages 25 to 69 through the [Ontario Cervical Screening Program](https://www.cervicalscreenontario.ca))
- An order for a ‘do-at-home’ colon cancer test (men and women ages 50 to 74 through the [ColonCancerCheck](https://www.canaco.cc) program)
- [Smoking cessation](https://www.horizonhealthnetwork.on.ca/services-and-programs/programs-and-services/quit-smoking) counseling and referral (ages 18 to 74)

We've made some changes to keep you, your community and our staff safe:

1. **You will need an appointment to visit the Coach.** This helps to avoid line-ups and spaces visits across the day. Only one person will be allowed on the Coach at a time.
2. **We will ask if you have any symptoms of COVID-19 before entering the Coach.** Our staff screen themselves every day too. If you have symptoms of COVID-19, we will help you make an appointment at a testing centre if needed.
3. **You will be asked to clean your hands and wear a mask before entry.** Our staff will be also be wearing a mask. If you don’t have a mask, we will provide you with one.
4. **Enhanced cleaning processes are in place.** Staff will clean and disinfect surfaces that have been touched between each client.

Visit our website at [https://hnhscreenforlife.ca/schedule/](https://hnhscreenforlife.ca/schedule/) for our schedule and call to book your appointment at 905-975-4467. We will be adding more locations over time.
# Visit the Mobile Cancer Screening Coach

- **Pap tests**: Ages 21-69, every 3 years
- **Mammograms**: Ages 50-74, every 2 years
- **At-Home test for colon cancer screening**: Ages 50-74, every 2 years
- **Help to quit smoking**: Ages 18+

## OCTOBER 2020

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*Please pre-book your appointment by calling 905-975-4467*

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**Legend:**
- **Teal**: Hamilton location
- **Pink**: Niagara location
- **Green**: Territory Location

*Our last appointment is 30 minutes before the Coach closes*

Visit [www.hnhbscreenforlife.ca/schedule](http://www.hnhbscreenforlife.ca/schedule) 905-975-4467 or 1-855-338-3131

*locations and times subject to change*
Self - Isolation: Why is it Important?

Self-isolation is when you have been told by Ohsweken Public Health to separate yourself from others, including from the people you live with, to the greatest extent possible. Going into self-isolation is not meant to be a punishment, rather its a precaution as COVID-19 spreads easily from person to person.

**Why is it important?**
Self-isolation is important for many reasons. The most important being that you could have the virus without displaying any symptoms and infect others without knowing.

**Why else?**
Since there is not yet a cure for COVID-19, preventing it from coming into the community by self-isolating is one of the most effective ways to protect yourself and your community.

**When do we go into self-isolation?**
- When you return from travel outside Canada.
- If you have come into close contact of someone who traveled outside Canada.
- If you have been diagnosed with COVID-19.
- If you have been in contact with a probable or confirmed case of COVID-19 and you are waiting for the results of a COVID-19 test.
HOW TO SELF-ISOLATE

Self-isolating means staying at home and avoiding contact with other people to help prevent the spread of disease to others in your home and your community.

STAY HOME

- **DO NOT** use public transportation, taxis and share rides
- **DO NOT** go to work, school or other public places
- Your health care provider or public health unit will tell you when it is safe to leave

AVOID CONTACT WITH OTHERS

- **STAY** in a separate room away from other people in your home as much as possible and use a separate bathroom (if you have one)
- **KEEP AWAY** from seniors and people with chronic medical conditions (for example, diabetes, lung problems, immune deficiency)
- Make sure that shared rooms have good airflow (for example, open windows)

KEEP DISTANCE & WEAR A MASK

- If you are in a room with other people, **KEEP A DISTANCE OF AT LEAST 2 METRES** and wear a mask that covers your nose and mouth.
- Wear a mask if you must leave your house to see a health care provider or if you are within 2 metres of other people
- If you cannot wear a mask, people should wear a mask when they are in the same room as you

COVER YOUR COUGHS & SNEEZES

- **COVER YOUR MOUTH AND NOSE** with a tissue
- Cough or sneeze into your upper sleeve or elbow, not your hand.
- Throw used tissues in a lined waste basket, and wash your hands. (Lining the waste basket with a plastic bag makes waste disposal easier and safer.)

WASH YOUR HANDS

- **WASH YOUR HANDS OFTEN** with soap and water
- Dry your hands with a paper towel, or with your own cloth towel that no one else shares
- Use an alcohol-based hand sanitizer if soap and water are not available
How to Clean Your Reusable Cloth Face Mask

You should clean your mask after every use. This reduces the risk of spreading the coronavirus or other germs.

**Washing by Machine**

Bandannas, face scarves and masks made of fabric, such as cotton, can be washed in your regular laundry using hot water.

**Washing by Hand**

Prepare a bleach solution by mixing: 5 tablespoons (1/3rd cup) household bleach per 4 litres of room temperature water.

Check the label to see if your bleach is intended for disinfection. **Never** mix household bleach with ammonia or any other cleanser.

Soak the mask in the bleach solution for 5 minutes. Rinse thoroughly with cool or room temperature water.

**How to Dry**

- **Laundry**: After laundering your fabric masks, tumble dry them in the dryer on a high setting.
- **Hand Dry**: Lay flat and allow to completely dry. If possible, place the mask in direct sunlight.
How To Put On A Face Mask

1. Wash your hands thoroughly for 20 seconds, or use hand sanitizer before putting the mask on.
2. Pick up the mask by the ear loops only. Avoid touching the mask itself.
3. Hold both ear loops and place a loop around each ear.
4. Adjust the mask to make sure that the mask fits around the mouth, nose and chin and does not leave any gaps.

How To Take Off A Face Mask

1. Do not touch the outside of the mask while wearing it as it might be contaminated.
2. Grab the ear loops only and then lift the mask off of your ears, mouth and chin. Pull bottom of mask off and away from mouth and chin.
3. If it is a single use mask throw directly into the garbage. If it is a cloth mask, make sure to launder the mask after it is used. You can do so by putting it in a washing machine in HOT water using soap or detergent that leaves no residue.
4. Wash your hands thoroughly for 20 seconds, or use hand sanitizer after disposing of the mask.

Reference: https://healthcare.utah.edu/healthfeed/ postings/2020/04/how-to-use-face-mask_v2_4-10-20_web.pptx
CLOTH FACE COVERING FRIDAYS !!

Thanks to community donations, washable Cloth Face Covering bundles will be placed around Veterans Park FREE for community members to take. 1 per person.

Honour System in Place—Only Take What You Need! Be Mindful of Your Entire Community!

*Bundles include 2 FACE COVERINGS (Hand Sewn) & instructions on proper mask wear and hygiene.

*Proper sanitizing & Disinfecting took place with each bundle, but be sure to wash mask before use!

*Practice physical distancing when at Veterans Park.

*Weather permitting, be sure to check Six Nations of the Grand Facebook page & local radio stations for updates!

TO MAKE A DONATION PLEASE CONTACT SNGR PUBLIC WORKS OFFICE DURING BUSINESS HOURS @ 519-445-4242.

THIS IS AN INITIATIVE BY THE EMERGENCY CONTROL GROUP TO HELP IN THE FIGHT AGAINST THE SPREAD OF COVID –19.

“LET'S ALL DO OUR PART TO PROTECT OUR PEOPLE”
<table>
<thead>
<tr>
<th>Seasonal Allergies</th>
<th>Cold</th>
<th>Influenza</th>
<th>COVID-19</th>
</tr>
</thead>
<tbody>
<tr>
<td>Occurs during a particular season when your immune system overreacts to an allergen. Also known as “hay fever”. Allergies are not contagious.</td>
<td>A viral infection of your nose and throat (upper respiratory tract). Over 200 types of viruses can cause the common cold! A cold is contagious but symptoms are generally milder than flu.</td>
<td>Influenza, or the “flu”, is a highly contagious respiratory illness. Children and seniors are at risk for complications. NOT to be confused with “stomach flu”, which is not caused by an influenza virus.</td>
<td>COVID-19 is a disease caused by the novel coronavirus (SARS-CoV-2). It is a highly contagious respiratory disease that can cause severe or fatal outcomes. Asymptomatic transmission does occur.</td>
</tr>
</tbody>
</table>

- Sneezing
- Congestion
- Itchy, watery eyes
- Itchy throat, nose or ears

- Sneezing
- Runny nose
- Congestion
- Sore throat
- Wet or dry cough (sometimes)

- Fever
- Chills
- Fatigue
- Muscle/body aches
- Cough
- Sore throat
- Nausea/Vomiting (in children)

- Fever
- Cough
- Shortness of breath
- Sore throat
- Runny/stuffy nose
- Loss of taste/smell
- Abdominal upset

* https://www.healthline.com/health-news/flu-allergies-coronavirus-different-symptoms

There is a lot of overlap between symptoms, so if you develop any new or worsening symptoms, call the Six Nations COVID-19 Information and Assessment Centre. Even if you think it’s just a cold or your symptoms are mild, book an appointment to get tested!

If at any point you have trouble breathing, call 9-1-1 immediately.

Sept. 25, 2020
Social Circles

- Close contact is allowed (i.e. hugs)
- Must always be the same people
- You can belong to only one circle

Social Gatherings

- Maintain physical distances (2 metres)
- Can be any group of up to 10 people
- You can gather with different groups of up to 10 people
Social Circles

They are also now allowing people to create social circles of up to 10 people without physical distancing measures. This means you can hug and touch the people in your social circle. Follow these five steps to create your own.

Step 1
Start with your current circle. These include the people you live with or who regularly come into your household.

Step 2
If your current circle is under 10 people, you can add members to your circle, including another household, family members or friends.

Step 3
Get an agreement from everyone that they will join the circle. This means that they agree to only join one circle and physically distance themselves with anyone outside the circle.

Step 4
Keep your social circle safe. Continue to follow public health advice, such as frequent hand washing and sneezing into your sleeve. Maintain physical distancing with anyone outside of your circle.

Step 5
Be true to your circle. No one should be part of more than one circle. If anyone in your circle is feeling sick they should immediately self isolate at home.
FOOD ACCESSIBILITY IN SIX NATIONS COMMUNITY UPDATES

Six Nations Food Bank:
Open Thursdays 9:00am to 12pm & 1pm to 4:30pm
*Closed from 12-1pm for lunch*
Status card required. Please follow safety protocols as outlined when you arrive.
For Six Nations Food Bank please call 519-771-0025.

Six Nations Emergency Food Support:
BEGINNING SEPTEMBER 14TH ... OPEN ON MONDAY’S ONLY!!
*Closed Statutory Holidays*
The Emergency Food Support program still provides a door dropped delivery of non-perishable food, and water.
For Emergency Food please call: 519-717-3402

Currently both are free services available for community members

**PLEASE NOTE:**
Emergency Food Situation will continue to be monitored, and availability will be revised accordingly.

Ohsweken Public Health:  (519) 445-2872
Six Nations Social Services:  (519) 445-2071
Indigenous Victims Services (IVS):  1-866-964-5920
Six Nations Mental Health & Addictions:  (519) 445-2143
Ganohkwasa Family Assault Support Services:  (519) 445-4324

If you are experiencing COVID-19 symptoms please call Six Nations Covid-19 Assessment Centre (226) 446-9909 or 1-855-977-7737.
@SNCovid
@SNCovid19
www.sixnationscovid19.ca
www.sixnationscovid19.com
Six Nations Health & Safety Guidelines

Community Educators are conducting visits using the Health and Safety Guidelines/Checklist created for the Community.
To book a site visit please call: 519-750-4908

Once you have booked, and completed the visit. Certificates recognizing your organization's commitment to Project: Protect Our People will be awarded.

Visit: www.sixnationscovid19.ca
To download your copy of the Health & Safety Guidelines and the Pre-Visit Checklist.
Experiencing Symptoms or Not?

As a precaution put your mind at ease and get a Covid-19 Test.

Contact the SN Covid-19 Info. & Assessment Centre at 1-855-977-7737 / 226-446-9909

To speak with trained Health Professionals & Arrange your test.
COVID-19 Vaccine Myth Busters

Information available on the internet can be full of fact and fiction. It can be a challenge to filter through what is fact and what is fiction, especially with something so new like the potential vaccine of COVID-19. Here are some myths and facts about the potential COVID-19 vaccine.

**Myth #1:** Antibiotics can prevent/cure COVID-19

**Fact:** Antibiotics are used to treat bacterial infections. COVID-19 is caused by a virus, not bacteria. Therefore, antibiotics do not work against the COVID-19 virus itself. However, if you had COVID-19, it actually weakens your immune system. This could lead to you being more susceptible to bacterial infections; so in turn, antibiotics would be used for those more severe COVID-19 cases that also have bacterial infections occurring at the same time.

**Myth #2:** Pneumonia and influenza (flu) vaccines provide protection against COVID-19

**Fact:** Pneumonia and flu vaccines may not protect you against COVID-19, as the viruses are different. However, receiving the annual flu vaccine can help to protect you from influenza. If you had the influenza virus at the same time as the COVID-19 virus, it could lead to a more severe outcome.

**Myth #3:** Currently there is a medication licensed to prevent/cure COVID-19

**Fact:** Currently there is no licensed medication to prevent or cure COVID-19. Although, according to the World Health Organization (WHO) there are 31 candidate vaccines in clinical evaluation worldwide.

**Myth #4:** The potential COVID-19 vaccine will be unsafe and ineffective because it was rushed to develop

**Fact:** All vaccines must go through a rigorous course of testing and meet regulatory requirements to ensure public safety and the benefits to make the vaccine public outweigh the potential risks when a vaccine is released.

**Myth #5:** The vaccines being tested to treat/cure COVID-19 have caused people to die

**Fact:** To date there have been no deaths related explicitly to any of the potential COVID-19 vaccines currently in clinical evaluation.

**Myth #6:** The COVID-19 vaccine will include a tracking microchip

**Fact:** The claim that the COVID-19 vaccine will include a tracking microchip has been denied by researchers. There is also no evidence to support this claim for the vaccines in clinical evaluation.

**Myth #7:** The COVID-19 vaccine will change your DNA

**Fact:** None of the candidate vaccines in clinical evaluation will alter human DNA.

In rare cases, vaccines have the potential to cause adverse effects in some individuals. Myths and fictional information can be dangerous and can affect the practices needed to protect and keep our community safe. Get to know the facts and talk to your health care provider if you have any concerns or questions about vaccines.
Back to School Checklist

Before School Starts

Check your child(ren) each morning for signs of illness. Make sure your child does not have a sore throat or other signs of illness, like a cough, diarrhea, severe headache, vomiting, or body aches. Children need to be 100% well in order to keep everyone safe.

Make sure your contact information is current at school, including emergency contacts and individuals authorized to pick up your child(ren) from school. If that list includes anyone who is at increased risk for severe illness from COVID-19, consider identifying an alternate person.

Explain to your child(ren) the importance of wearing a cloth face mask and how it protects other people from getting sick. Practice with your child(ren) putting on and taking off cloth face masks without touching the cloth.

Talk to your child(ren) about germs and the importance of not sharing personal items such as food, masks, water bottles, hugs, glasses, pens/pencils, devices and books.

Review and practice proper hand washing techniques at home, especially BEFORE and AFTER eating, sneezing, coughing, and adjusting a cloth face mask. Make hand washing part of your regular hygiene and explain to your child(ren) why it’s important - that clearing germs from the hands to limit bad germs from entering the body.

Talk with your child(ren) about how school will look different (e.g., desks far apart from each other, teachers maintaining physical distance, possibility of staying in the classroom for lunch). Let them know space between people is important to stop the spread of germs, viruses and bacteria that can make someone very sick.

Be familiar with your school’s plan for how they will communicate with families when a positive case or exposure to someone with COVID-19 is identified and ensure student privacy is upheld. Be mindful of gossip and how damaging it can be. Parents do not need to know names of students who are sick. Be aware that anyone can become sick at any time and it is not anyone’s fault if they are sick with COVID-19. This virus can spread very easily and very quickly and not all people experience the same symptoms.
Back to School Checklist

Have multiple cloth face masks, so you can wash them daily and have back-ups ready. Store clean masks in a container or plastic bag so that they do not become contaminated.

Be familiar with how your school will make water available during the day. Consider packing a water bottle.

Plan for transportation:
• If your child rides a bus, plan for your child to wear a cloth face masks on the bus and talk to your child about the importance of following bus rules and any spaced seating rules.
• If carpooling, plan on every child in the carpool and the driver wearing cloth face masks for the entire trip.

Mental Health and Wellbeing

Talk with your child(ren) about how school is going and about interactions with classmates and teachers. Find out how your child is feeling and communicate that what they may be feeling is normal.

Anticipate behavior changes in your child(ren). Be patient with your child(ren), teachers, bus drivers and each other. This is a new normal for everyone and we are still learning throughout this pandemic. Watch for changes like excessive crying or irritation, excessive worry or sadness, unhealthy eating or sleeping habits, difficulty concentrating, which may be signs of your child struggling with stress and anxiety.

Ask your school about any plans to reduce potential stigma related to having or being suspected of having COVID-19.

Check if your school has any systems in place to identify and provide mental health services to students in need of support. If so, identify a point of contact for these services at your school.

Be a role model for your child(ren) by practicing self care. Make sure to:
• Take breaks
• Get plenty of sleep
• Exercise
• Eat well
• Stay socially connected
• Wear a mask while out in public if you have are no health restrictions
Staying Safe at School

Whether learning in person or online, the school year will be different this fall. Consider the following to help your child prepare for their return to school.

How to prepare your child for this fall

Have regular, open conversations with your child. Explain that because of COVID-19 there will be changes to school routines. Offer the information that you do know, such as if they will attend in person, learn at home, go to before or after child care, use the school bus or walk/bike to school.

Explain how we can limit the spread of germs by wearing a face covering, avoiding touching eyes, nose or mouth, and sneezing and coughing into a tissue or elbow/sleeve. Be positive as your child works to develop these skills, as it takes time to develop new habits.

Teach your child how to wash their hands. Learn hand washing together by watching videos geared to your child’s developmental age and practice timing 15 to 20 seconds by humming musical tunes together.

Other considerations

- Help your child get used to wearing a face covering as well as putting it on, taking it off and storing it safely
- Prepare your child for new school rules to help limit close contact between people (physical distancing measures)
- Ask your child what questions or worries they have, and respond as best you can. It is okay to say there is information that you don’t know yet, and you will learn together
- If your child has unique needs, speak with the school in advance to consider and plan for the changes in the school environment

Before school starts

To be best prepared before school starts make sure to:
- Stay up to date with your school board as they may have specific re-opening plans
- Label everything, including masks and storage containers
- Purchase and pack extra masks in your child’s backpack if possible
Screening

- Complete the school’s self-assessment daily before sending your child to school, and if they are feeling unwell they must stay home.
- Students and their families must not enter school and stay home if they are feeling sick or have had close contact with a confirmed case or close contact with someone who is showing symptoms of COVID-19. **This includes if a parent/caregiver/sibling is sick at home with symptoms of COVID-19.**
- Familiarize yourself, your family and your child with the common symptoms of COVID-19 so everyone knows what symptoms to look for in themselves and each other.
- If you or your child is ill with COVID-19 symptoms or you are concerned that you or your child has been exposed to a case of COVID-19, call the **Six Nations COVID-19 Information and Assessment Centre at 1-855-977-7737 or 226-446-9909**

Before each school day

Complete the school’s self-assessment daily before sending your child to school. In their backpack make sure they have:
- Extra masks (if possible)
- Hand sanitizer
- Packed lunch
- Water bottle

Keep yourself healthy by getting enough rest, staying hydrated, and eating healthy meals with regular exercise.

Getting to School

- If your child normally takes the school bus, consider taking them to school if you are able and your situation allows for it. This may help with distancing on buses for those who do not have any other option.
- Parents should maintain 2-metres distance during drop-off and pick-up

At School

- Parents should keep 2-metre distance when interacting with teachers, staff or other parents and students
- For children in grades 4-12 wear masks when in class and on the bus
- Don’t share food or personal items like school supplies and masks
- Sneeze and cough into your sleeve to keep germs to yourself
- Avoid touching your eyes, nose or mouth because these are spots where germs from your hands can easily get into your body
- Wash your hands/use hand sanitizer before and after lunch
- Ensure good handwashing/sanitization throughout the day.
- Sanitize your hands before you enter your home to minimize germs coming into your home.

**Stage 2.5**

**Back to School Message**

**DO NOT CROWD TOGETHER**

**In the School Hallways**

Try to keep 6ft apart at all times

---

Stage 2.5 of Project: Protect Our People? STOODIS!

- **STOODIS**
  - Stay home if you can
  - Take a mask if you go
  - Outdoor gatherings under 40
  - Ohsweken Public Health for testing*
  - Do not travel unless necessary
  - Indoor gatherings under 25
  - Save lives together

* Please call Six Nations COVID-19 Information & Assessment Centre at 1-855-977-7737 or 226-446-9909 to arrange for a COVID-19 test.
Stage 2.5
Back to School Message

In your School Back Pack this year besides your Notebooks, Pens & Pencils ALWAYS REMEMBER TO PACK YOUR MASK & HAND SANITIZER.

Stage 2.5 is a Stepping Stone to Stage 3

- Ensure good handwashing/sanitization throughout the day.
- Sanitize your hands before you enter your home to minimize germs coming into your home.

Stage 2.5 of Project: Protect Our People? STOODIS!

STOODIS

Stay home if you can
Take a mask if you go
Outdoor gatherings under 40
Ohsweken Public Health for testing
Do not travel unless necessary
Indoor gatherings under 25
Save lives together

*Please call Six Nations COVID-19 Information & Assessment Centre at 1-855-977-7737 or 226-446-9909 to arrange for a COVID-19 test.
CLOSING ON OCTOBER 21, 2020
At 4pm

Request for Proposals

To develop a Six Nations Housing Strategy for Six Nations of the Grand River

Six Nations of the Grand River

FOR MORE INFORMATION: Trisha MacDonald
Executive Administrator
HSEA@sixnations.ca
519-445-2418

RFP – Development of Six Nations Housing Strategy
Table of Contents

1.0 Introductions
   1.1 Background
   1.2 Qualifications
   1.3 Location
   1.4 Objective
   1.5 Project Team

2.0 Scope of Work
   2.1 Focus
   2.2 Major components
   2.3 Community consultation

3.0 Reports
   3.1 Progress Reports
   3.2 Project Documents

4.0 Consultant Contract Agreement
   4.1 Liaison
   4.2 Adequate Information
   4.3 Time Schedule
   4.4 Project Meetings
   4.5 Conflict of Interest

5.0 General Conditions

6.0 Consultant Submission Requirements

Appendix 1 – Proposal Evaluation Criteria
1.0 Introductions

1.1 Background
Six Nations of the Grand River Elected Council passed a resolution on January 14, 2020 regarding an emergency housing strategy inclusive of homelessness. It was recommended that council departments work together and have input on the development of an emergency housing strategy.

1.2 Qualifications
The selected consultant will demonstrate a range of critical skills that support the development of a comprehensive community housing strategy. Specifically, the consultant will have:
- Knowledge of the housing continuum and related policies, initiatives and funding contexts
- Knowledge and experience working with a First Nation community
- Capacity to think outside the box receiving influence from Haudenosaunee principles and existing mainstream knowledge of housing systems
- Expertise in needs assessments involving qualitative and quantitative data collection and analysis
- Expertise in community planning processes involving community consultation, and skills in multi-stakeholder group facilitation
- Experience in strategy development, project coordination, financial management
- Experience writing reports and developing recommendations
- Excellent oral, written and communication skills

1.3 Location
Six Nations of the Grand River is the largest First Nation community in Canada. It is located approximately 20 kilometers southwest of Hamilton off highway 6. The First Nation boundary extends from the Grand River on the north to New Credit First Nation on the south. Easterly boundaries are Oneida road and the CN railway. Westerly boundary is Bateman Line.

1.4 Objective
Six Nations of the Grand River seeks to meet the goal identified in the 2019 Six Nations Community Plan to "have safe and comfortable housing options for all". 
1.5 Project Team
The project team will consist of representatives from a number of Council departments. These departments include: Social Services, Health Services, Housing, Ontario Works and Public Works Department. The key responsibilities of the team will be to:

- a. Evaluate proposal submissions and recommend the successful candidate
- b. Ensure that goals, expectation and status reports are communicated as required
- c. Support the community engagement process of their respective departments
- d. Support the identification and access to required resources for the project

2.0 Scope of Work

2.1 Focus
To develop a community specific, comprehensive and feasible Housing Strategy for Six Nations of the Grand River.

2.2 Major components

- 2.2.1 Definitions
  Provide clear and consistent definitions of housing options ranging from home ownership to homelessness.

- 2.2.2 Needs assessment and gap analysis
  Analyze available data to identify the current housing resources and the housing needs of the community; engage community members and stakeholders throughout the assessment process.

- 2.2.3 Supply analysis
  Describe forms of housing options ranging from home ownership; include benefits and drawbacks of each type of housing; identify the best forms to meet needs of the community; describe market and non-market and homeless shelter financing and partnership models; analyze financing and partnership models, programs and other forms of assistance

- 2.2.4 Implementation strategy
  Develop an effective implementation strategy including target populations, partners, funding sources, locations, priorities and time frames; propose a monitoring and evaluation framework; focus on tangible steps the community can take to facilitate the provision of ‘safe and comfortable housing for all’; how best to use the SNGREC available land.

2.3 Community Consultation
Thorough community consultation is required to adequately identify the needs and housing challenges of the community.
3.0 Reports

3.1 Progress reports
Progress reports will be required on a monthly basis. Each report shall:
- Be provided in electronic format
- Identify all activities, progress to date and estimated end dates of identified tasks
- Clearly identify any areas in need of guidance to move the project forward
- Highlight priority items and recommendations

3.2 Project reports
Six Nations of the Grand River shall retain all original documents and data derived from the investigation. This statement shall be included in the agreement between the consultant and Six Nations of the Grand River.

4.0 Consultant Contract Agreement

4.1 Liaison
The consultant shall work closely with the project team for direction and supervision.

4.2 Adequate Information
The consultant acknowledges they had adequate discussions and access to information to enable them to undertake the services contracted.

4.3 Project Schedule
The project is to be completed by March 31, 2021, with work commencing as soon as possible September 2020. A project schedule is to be submitted with the proposal.

4.4 Project meetings
The consultant shall:
- Allow an initial meeting with the project team to review all activities and expectations
- Allow for a minimum of monthly project meetings with the project team to review progress to date (meetings can be virtual)

4.5 Conflict of interest
The consultant will disclose any and all potential conflicts of interest, including but not limited to: family or friend relationships that could impact project activities; business interests in any firm or partnership contracted to support any project activities. Any conflict of interest that is not disclosed prior to the contractual engagement of the Consultant shall be grounds for termination of the contract at the discretion of the project team.
5.0 **General Conditions**

The Consultant shall acknowledge that the project team will:

5.1 Develop a formal agreement between the successful applicant and Six Nations of the Grand River.

5.2 Award this project based not only on cost contained in the proposal, but also by the clarity of the detailed work offered, including the schedule of deliverables.

5.3 Evaluate proposals based on the criteria outlined. For reference purposes, a copy of the evaluation sheet will be enclosed in the Appendix.

6.0 **Consultant Submission Requirements**

6.1 The consultant shall submit all required documents in electronic format to Trisha MacDonald, Executive Administrator, [HSEA@sixnations.ca](mailto:HSEA@sixnations.ca)

6.2 The Consultant shall submit the following information as part of a complete proposal:

- An updated CV outlining experience on similar projects
- Detailed time and activity schedule for the performance of outlined scope of work. The submitted schedule will be considered in the award of the work.
- Quote of consulting fees and disbursement schedule for the performance of services.
- Three references to include a minimum of a previous or current supervisor or client.
<table>
<thead>
<tr>
<th>Bidder:</th>
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<tbody>
<tr>
<td>Quality of the Proposal</td>
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<tr>
<td>*Proposal Format</td>
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<td>*Research, Effort &amp; Detail</td>
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<td>*Original &amp; Innovative Ideas</td>
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<td>*Demonstrated Understanding of Terms of Reference</td>
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<td>*Qualifications &amp; Experience of Principals and Team</td>
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<tr>
<td>*Experience in All Areas including analysis and compensation</td>
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<td>*Efficient Allocation of Human Resources</td>
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<td>*References and ability to contact reference</td>
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<td>Proposed Methodology</td>
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<td>*Breakdown of Project into Logical Tasks</td>
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<td>*Systematic Approach</td>
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<td>*Experience in Indigenous Communities</td>
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SIX NATIONS OF THE GRAND RIVER – HEALTH SERVICES
REQUEST FOR PROPOSALS

Six Nations of the Grand River - Health Services is currently seeking a Health Policy Review Consultant to facilitate the review and update the Six Nations Health Services Administration and Program level Policy and Procedures to ensure that they are in alignment with existing legislation, Ministry Directives and Regulated Health Professional Best Practice guidelines.

Background
Six Nations of the Grand River is the largest First Nation in Canada by population and is located approximately 20 km southwest of Hamilton off of Highway 6. Six Nations of the Grand River Elected Council (SNGREC) - Health Services department is a multi service department with approximately 400 employees. Services range from prenatal care to end of life care and emergency service to health promotion.

In 2003, the Health Services department began their Accreditation journey with Accreditation Canada. As such, every 4 years a service review occurs to ensure that Best Practice Guidelines are adhered to and that the department is following Ministry of Health driven directives to meet the standards to deliver safe, high quality care. The Health Services department currently meets the Accredited level and is due for the next on-site review in early March 2021.

Scope of Work
- The successful candidate will be required to work under a written agreement with Six Nations of the Grand River Elected Council - Health Services.
- Provide expertise in the process of policy review within SNGREC - Health Services.
- To work collaboratively with SNGREC - Health Services leadership and to liaise with staff, and peers to ensure that policies are up-to-date and aligned with Best Practice Guidelines, Ministry of Health guidelines and organizational priorities.
- Review all policy documents (for example: policies, procedures and guidelines) ensuring alignment with:
  - Current Federal and Provincial directives
  - Current Best Practice Guidelines
  - Regulated Health Professional College guidelines
  - Alignment with current organizational priorities and strategy
  - Up-to-date references
  - Proper grammar and spelling
- Establish a portfolio of current policy documents
- Identify gaps in policies and procedures
- Update all policies and procedures as necessary as related to current practices
- Complete preliminary review and draft new documents required
- Share drafts with the appropriate teams for input and review once drafted
- Present renewed policy and procedures to the Health Policy Project Team
Proposal Requirements
All proposals will be reviewed by the Health Policy Project Team with the following information:

1. Up to date CV outlining experience on similar projects
2. The relevant experience the individuals have including any experience working with First Nations.
3. The proposed complete cost for completion of the project
4. Detailed time and activity schedule for the performance of outlined scope of work.

Award and Evaluation
1. The Health Policy Project Team intends to award the contract to the applicant whose proposal offers the best value and knowledge.
2. SNGREC – Health Services at the sole discretion can cancel this RFP at any time prior to, or after the closing date without providing reasons for such a cancellation.
3. In order to obtain the greatest value for SNRGE – Health Services, the Project Team reserves the right to:
   a. request clarification and/or further information, after the closing date, from one or more applicants without providing the same opportunity to all applicants; or
   b. enter into negotiations with one or more applicants without being obligated to negotiate with, or offer the same opportunity to, all applicants.
4. SNGREC – Health Services reserves the right to amend this RFP, by Addendum that will be sent to each applicant, at any time up to 3 business days prior to closing. Applicants are reminded to ensure that they have all information prior to submitting a bid.

Instructions to Applicants
1. Proposals will be accepted up to 4 pm on October 16, 2020. Proposals received after the above closing time will not be considered, and will be returned to the applicant.

2. The applicant will submit all required application documentation electronically with the subject line ‘Proposal for Health Policy Review’
   To: Trisha MacDonald
   Executive Administrator
   HSEA@sixnations.ca

3. Faxed Proposals will not be accepted.

4. Proposal documents must be completed in accordance with the requirements of the Request for Proposal (RFP) documents and no amendments to proposals will be accepted after the closing date.

5. All questions and communications regarding this RFP shall be directed to Trisha MacDonald, Executive Administrator for Health Services. No other representative of Six Nations of the Grand River – Health Services is to be contacted regarding the RFP. Six Nations of the Grand River will not accept any responsibility for any verbal or written statements made by any other person, whether or not employed by Six Nations of the Grand River.
APPENDIX A: Existing Policies and Procedures to be reviewed:

Health Administration
01 Introduction
02 Governance
03 Client Safety
04 Consent
05 Emergency Preparedness
06 Ethics
07 Infection Control
07.1 Infection Control – Blood borne Pathogens
07.2 Infection Control – Keeping the Environment Clean
08 Managing Medications
09 Privacy and Breach Management
10 Quality Assurance
11 Risk Management
12 When Things Go Wrong
13 Zero Tolerance
14 Procedures

Animal Wellness Program

Allied Health Team
- Diabetes Wellness Program
- Therapy Services
- Dental Services
- First Links Care Navigator

Child and Youth Health Team
- Early Childhood Development
- Fetal Alcohol Syndrome Disorder Program
- School Nurse Educator
- Jordan’s Principle Team

Egowadiya’ dagenha’ (Land Based Healing)

Family Health Team

Gedeo Crisis Response Team

Health Promotions
- Nutrition Services
- Student Nutrition Program

Healthy Babies/Healthy Children

Home and Community Care
- Case Management
- Jay Silverheels
- Personal Support Services
- Community Support Services
- Palliative Care
Iroquois Lodge

Maternal and Child Centre (Birthing Centre)

Medical Transportation

Mental Health and Addictions
  Clinical Support
  Concurrent Disorders
  Supportive Housing
  Substance Use and Abuse Project

Ogwanogwatrae Tseh Niyogwai:ho de: (Traditional Medicine)

Paramedic Services

Gane Yohs Support
  Clinic Nurses
  Sexual Health Nurse
# PROPOSAL EVALUATION CRITERIA

The Consultants proposal shall be evaluated in accordance with the following Criteria:

<table>
<thead>
<tr>
<th>Criteria</th>
<th>Points</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Quality of the Proposal</strong></td>
<td>20</td>
</tr>
<tr>
<td>*Proposal Format</td>
<td></td>
</tr>
<tr>
<td>*Research, Effort &amp; Detail</td>
<td></td>
</tr>
<tr>
<td>*Original &amp; Innovative Ideas</td>
<td></td>
</tr>
<tr>
<td>*Demonstrated Understanding of Terms of Reference</td>
<td></td>
</tr>
<tr>
<td><strong>Consultants Teams</strong></td>
<td>15</td>
</tr>
<tr>
<td>*Qualifications &amp; Experience of Principals and Team</td>
<td></td>
</tr>
<tr>
<td>*Experience in All Areas including analysis and compensation</td>
<td></td>
</tr>
<tr>
<td>*Efficient Allocation of Human Resources</td>
<td></td>
</tr>
<tr>
<td>*References and ability to contact reference</td>
<td></td>
</tr>
<tr>
<td><strong>Proposed Methodology</strong></td>
<td>25</td>
</tr>
<tr>
<td>*Breakdown of Project into Logical Tasks</td>
<td></td>
</tr>
<tr>
<td>*Systematic Approach</td>
<td></td>
</tr>
<tr>
<td><strong>Proposed Schedule</strong></td>
<td>10</td>
</tr>
<tr>
<td>*Commitment to Completion Date</td>
<td></td>
</tr>
<tr>
<td><strong>Cost of Services and Control</strong></td>
<td>25</td>
</tr>
<tr>
<td>*Itemized</td>
<td></td>
</tr>
<tr>
<td>*Total cost of the project including required printing, materials, booklets and any costs</td>
<td></td>
</tr>
<tr>
<td><strong>Past Performance</strong></td>
<td>5</td>
</tr>
<tr>
<td>*Previous Experience with Consultant</td>
<td></td>
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<tr>
<td>*History of Meeting Time &amp; Budget Constraints</td>
<td></td>
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<tr>
<td>*Experience in Indigenous Communities</td>
<td></td>
</tr>
<tr>
<td>*Community Involvement in Project</td>
<td></td>
</tr>
</tbody>
</table>
Science & Technology Awards for Youth (STAY) in School Award Criteria

The following awards are available for Six Nations elementary students who were in Grades 7 and 8 for the 2019-2020 school year. Up to six awards will be given. If there are no applicants/winners for one category, that award money will be reallocated to the other categories.

https://www.facebook.com/stayinschoolawardsprogram

STAY in School Awards - Grade 7 and 8

HIGHEST AVERAGE IN MATH & SCIENCE

Grade 7 - First Place $200  Second Place $150  Third Place - $100
Grade 8 - First Place $200  Second Place $150  Third Place - $100

Applications with report card must be received by October 30, 2020

Rules for Application and Selection of Award Winners

1. Students must apply for the STAY in School Awards.
2. Students applying for these awards must be Six Nations band members.
3. All students applying for these awards must have been in full-time attendance during the 2019-2020 school year.
4. Students must submit a photocopy of their June 2020 report card.
5. All marks given in all math strands and science for reports 1, 2 and 3 must be averaged.
6. Average marks must be verified by signature of the principal of the school in which the student attended for the 2019-2020 school year.
7. Applications are to be e-mailed or mailed via Canada Post directly to the address on the application form and will be accepted if digitally verified sent or postmarked by October 30, 2020. Original documentation may be required to determine eligibility for award should any discrepancy exist in e-mailed report card.
8. The SEED steering committee, made up of representatives from Imperial Oil and Six Nations, will determine the winners based on the criteria herein.
9. Winners will be notified as soon as possible by email to the parent/guardian.
10. Certificates and monetary winnings will be presented at Six Nations Elected Council Student Recognition event in the Fall 2020.
11. Minimum average for consideration is 75 percent.
12. Consideration will be given to those applications that follow the Ontario Curriculum provided by a school under the jurisdiction of the Ontario Ministry of Education.

Science Education and Employment Development or SEED designs and implements educational initiatives that are focused on providing Six Nations people with the skills needed for a career with Imperial Oil, the petroleum industry and other manufacturing industries. SEED’s Steering Committee is made up of representatives from Six Nations Polytechnic, Grand River Employment and Training, Grand River Post Secondary Education Office and Imperial Oil’s Nanticoke Refinery and corporate offices.
STAY in School Awards –
Grade 7 & 8 Application Form

Student Information

Full Legal Name ____________________________________________________________
Date of Birth ___________________________ Band & Number ____________________
Mailing Address __________________________________________________________
Province ___________________________ City ________________________________
Postal Code _____________ Phone ________________
Parent/Guardian Name & Email address ______________________________________

Education Information

In 2019-2020 I was enrolled full time at:
School ___________________________
Address ___________________________
City ___________________________ Province ____________
Postal Code ___________ Phone ________________

Which award are you applying for?

Grade 7
Average Math Mark ________________
Average Science Mark ______________

Grade 8
Average Math Mark ________________
Average Science Mark ______________

Parent/Guardian Consent

I give permission for the verification of math and science marks from my child's school. I understand his/her picture and information may be used for publicity.

Parent’s Signature ____________________________
Date ________________________________

Principal/Vice-Principal Verification

The average math and average science mark stated on the 2019-2020 June report card for the above student has been verified.
Principal or Vice-Principal's
Signature: ____________________________
Date: ________________________________

A copy of your June 2020 report card MUST be included with your application

Send completed application with report card to:
⇒ emailed by October 30, 2020 to:
kelly.williams@esso.ca

OR
⇒ mailed via Canada Post
(postmarked by October 30, 2020) to:
SEED STAY in School Awards
Att: Kelly Williams
Community Relations Advisor
Imperial Oil Limited
602 Christina Street
Sarnia, ON Canada N7T 7M5
Science & Technology Awards for Youth (STAY) in School
Award Criteria

The following awards are available for Six Nations secondary students for the 2019-2020 school year. Up to 18 awards will be given. If there are no applicants/winners for one category, that award money will be reallocated to the other categories. [https://www.facebook.com/stayinschoolawardsprogram]

STAY in School Awards - Grade 9 and 10

HIGHEST AVERAGE IN MATH & SCIENCE

Grade 9 Academic – First Place $200 Second Place $150 Third Place $100
Grade 9 Applied – First Place $200 Second Place $150 Third Place $100
Grade 9 Locally Developed – First Place $200 Second Place $150 Third Place $100
Grade 10 Academic – First Place $200 Second Place $150 Third Place $100
Grade 10 Applied – First Place $200 Second Place $150 Third Place $100
Grade 10 Locally Developed – First Place $200 Second Place $150 Third Place $100

Application with transcript must be received by October 30, 2020

Rules for Application and Selection of Award Winners

1. Students must apply for the STAY in School Awards.
2. Students applying for these awards must be Six Nations band members.
3. Applicants must be between 12 and 21 years of age.
4. All students applying for these awards must have been in full-time attendance during the 2019-2020 school year.
5. Grade 9 and 10 awards – Students must have taken BOTH Math and Science courses at the same grade and pathway. Course codes and marks for BOTH Math and Science courses, academic, applied or locally developed must be submitted.
6. An official high school transcript must be submitted with the application.
7. Applications are to be e-mailed or mailed via Canada Post directly to the address on the application form and will be accepted if digitally verified or postmarked by October 30, 2020. Original documentation may be required to determine eligibility for award should any discrepancy exist in e-mailed transcript.
8. The SEED steering committee, made up of representatives from Imperial Oil and Six Nations, will determine the winners based on the criteria.
9. Winners will be notified as soon as possible by email to the student and, if applicable, to the parent/guardian.
10. Certificates and monetary winnings will be presented at Six Nations Elected Council Student Recognition event in Fall 2020.
11. Minimum average for consideration is 75 percent.
12. Consideration will be given to those applications that follow the Ontario Curriculum provided by a school under the jurisdiction of the Ontario Ministry of Education.

Science Education and Employment Development (SEED) designs and implements educational initiatives that are focused on providing Six Nations people with the skills needed for a career with Imperial Oil, the petroleum industry and other manufacturing industries. SEED’s Steering Committee is made up of representatives from Six Nations Polytechnic, Grand River Employment and Training, Grand River Post Secondary Education Office, Grand Erie District School Board and Imperial Oil’s Nanticoke Refinery and corporate offices.
STAY in School Awards –
Grade 9 & 10 Application Form

Student Information

Full Legal Name

Date of Birth

Band & Number

Mailing Address

City

Province

Postal Code

Phone

Email address

(If under 18, Parent/Guardian name & email:

Education Information

In 2019 - 2020 I was enrolled full-time at:

School

Address

City

Province

Postal Code

Phone

Which award are you applying for?

Grade 9

Academic ___ Applied ___ Locally Developed ___

Math Course Code ___ Mark ___

Science Course Code ___ Mark ___

Grade 10

Academic ___ Applied ___ Locally Developed ___

Math Course Code ___ Mark ___

Science Course Code ___ Mark ___

Consent

If over 18 -

I give permission for the verification of my math and science marks from the school I attend. I understand my picture and information may be used for publicity.

Signature ____________________________

Date______________________________

If under 18 -

I give permission for the verification of math and science marks from my child’s school. I understand his/her picture and information may be used for publicity.

Parent’s Signature ____________________________

Date______________________________

Send completed application with report card to:

emailed by October 30, 2020 to

kelly.williams@esso.ca

OR

mailed via Canada Post (postmarked by October 30, 2020) to

SEED STAY in School Awards

Att: Kelly Williams

Community Relations Advisor

Imperial Oil Limited

602 Christina Street

Sarnia, ON Canada N7T 7M5

An official school transcript MUST be included with your application
Science & Technology Awards for Youth (STAY) in School Award Criteria

The following awards are available for Six Nations secondary students for the 2019-2020 school year. Up to 18 awards will be given. If there are no applicants/winners for one category, that award money will be reallocated to the other categories. https://www.facebook.com/stayinschoolawardsprogram

STAY in School Awards - Grade 11 and 12

HIGHEST AVERAGE IN MATH & SCIENCE

Grade 11 - College Preparation Courses - 1st place - $200, 2nd place - $150, 3rd place - $100
Grade 11 - University Preparation Courses - 1st place - $200, 2nd place - $150, 3rd place - $100
Grade 11 - Workplace Preparation Courses - 1st place - $200, 2nd place - $150, 3rd place - $100
Grade 12 - College Preparation Courses - 1st place - $200, 2nd place - $150, 3rd place - $100
Grade 12 - University Preparation Courses - 1st place - $200, 2nd place - $150, 3rd place - $100
Grade 12 - Workplace Preparation Courses - 1st place - $200, 2nd place - $150, 3rd place - $100

*M Courses will be accepted

Applications with transcript must be received by October 30, 2020

Rules for Application and Selection of Award Winners
1. Students must apply for the STAY in School Awards.
2. Students applying for these awards must be Six Nations band members.
3. Applicants must be between 12 and 21 years of age.
4. All students applying for these awards must have been in full-time attendance during the 2019-2020 school year.
5. Grade 11 and 12 awards – Students must have taken BOTH Math and Science courses at the same grade and pathway. The highest Science mark and the highest Math mark, including course codes, should be submitted. M courses will be accepted and attributed to the corresponding math/science course category applied to.
6. An official high school transcript must be submitted with the application.
7. Applications are to be e-mailed or mailed via Canada Post directly to the address on the application form and will be accepted if digitally verified sent or postmarked by October 30, 2020. Original documentation may be required to determine eligibility for award should any discrepancy exist in e-mailed transcript.
8. The SEED steering committee, made up of representatives from Imperial Oil and Six Nations, will determine the winners based on the criteria.
9. Winners will be notified as soon as possible by email to the student and, if applicable, to the parent/guardian.
10. Certificates and monetary winnings will be presented at Six Nations Elected Council Student Recognition event in the Fall 2020.
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STAY in School Awards –  
Grade 11 & 12 Application Form

Student Information
Full Legal Name ________________________________________________  
Date of Birth ___________________________ Band & Number ________________  
Mailing Address ______________________________________________  
City ___________________________ Province ________________  
Postal Code ___________ Phone ___________  
Email address ___________________________  
(If under 18, Parent/Guardian name & email: ____________________________)

Education Information
In 2019 - 2020 I was enrolled full time at:  
School ________________________________________________  
Address ________________________________________________  
City ___________________________ Province ________________  
Postal Code ___________ Phone ___________

Which award are you applying for?  
Grade 11  
College_____ University ____ Workplace ____ 
Math Course Code ___________ Mark____
Science Course Code ___________ Mark____

Grade 12______  
College_____ University ____ Workplace ____ 
College_____ University ____ Workplace ____ 
Math Course Code ___________ Mark____
Science Course Code ___________ Mark____

Consent  
If over 18 -  
I give permission for the verification of my math and science marks from the school I attend. I understand my picture and information may be used for publicity.  
Signature ____________________________  
Date______________________________

If under 18 -  
I give permission for the verification of math and science marks from my child's school. I understand his/her picture and information may be used for publicity.  
Parent’s Signature ____________________________  
Date______________________________

Send completed application with report card to: 
emasiled by October 30, 2020 to:  
kelly.williams@esso.ca 
OR  
mailed via Canada Post (postmarked by October 30, 2020) to:  
SEED STAY in School Awards 
Att: Kelly Williams  
Community Relations Advisor  
Imperial Oil Limited  
602 Christina Street  
Sarnia, ON Canada N7T 7M5

An official school transcript MUST be included with your application
WE MATTER is a national Indigenous youth-led movement connecting messages of Hope, Culture & Strength with Indigenous young people who may be going through a hard time. It’s a place you can turn to for support or to share your own voice and story.

& WE’RE COMING TO YOU SOON!

MEET JENNA & JESS

Jenna is a L’nu + Acadian from Unama’ki, an accredited Holistic Health Coach, passionate speaker, and a traditional hand-drummer and singer. Jenna frequently travels across Canada to speak to Indigenous youth on life promotion. She has spoken and drummed in the House of Commons, with the United Nations Association of Canada, on behalf of the Truth and Reconciliation Commission of Canada.

Jess is an onkwehonwe woman from the Kanien’kehà:ka (Mohawk) territory of Kahnawà:ke. She is a mother of two boys, and is currently enrolled at Concordia University, in the School of Community & Public Affairs. Jess began her journey of healing through learning the Mohawk language, and now carries the teachings with her during her work towards her goals.

Join Us!

For children ages 10-14
October 28th, 2020 - 4:00pm-6:00pm
On zoom
To register please contact Kayla
519-761-9413 or kaylatwyne@sixnations.ca

#WeMatterCampaign | wemattercampaign.org
Wishes to announce

Corn for the community

Two locations:

White corn

Sixth Line west of Chiefswood Road. Approximately 1.2 kms on the right side (north side) of road. The first lane (approximately 200 ft.) just before blue no. 1549.

Flint corn

Sixth Line west of Chiefswood Road. 1 km (left side) south of the soybeans.

All corn must be picked by the end of October.

Project sponsored by:

Six Nations Grand River
If you are having family over or are planning to visit family for Thanksgiving in the US, please call Ohsweken Public Health at 519-445-2672 to make plans for a 14-day self-isolation period for you upon your return and/or your visiting family member(s) upon their arrival into our community.

Make sure COVID-19 is not 1 of your 10 dinner guests. For this Thanksgiving, if you are gathering with your family, make sure to wear a mask even inside your home; especially when including family that is not in your immediate household. Rubbing Elbows around the TV, Table or Couch means too many people are in your home.

If people in your home have on-going health complications (i.e. require breathing machines, get sick easily, etc.), please reconsider having company from outside your home during this 2020 Thanksgiving weekend.