CORONAVIRUS COVID-19

PREVENTION IS KEY!!
ITS EVERYONE’S RESPONSIBILITY

CLEAN YOUR HANDS FREQUENTLY
- BEFORE OR AFTER FOOD PREP
- AFTER TOUCHING MONEY
- AFTER COUGHING & SNEEZING
- AFTER BLOWING YOUR NOSE
- AFTER WASHROOM USE

CLEAN COMMON AREAS FREQUENTLY
- COUNTER TOPS
- KEYBOARDS OR KEYPADS
- PHONES
- DOOR HANDLES
- BATHROOMS

AVOID TOUCHING YOUR FACE

AVOID SHAKING HANDS

IF YOU HAVE ANY OF THE FOLLOWING
NOTIFY YOUR HEALTH PROVIDER ALONG WITH
OHSEKEN PUBLIC HEALTH (519) 445-2672

- NEW OR WORSE COUGH
- SHORTNESS OF BREATH
- FEVER OR CHILLS
- CLOSE CONTACT WITH SOMEONE WHO HAS BEEN ILL
- TRAVELLED OUTSIDE OF CANADA IN THE LAST 14 DAYS

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