



Crisis Hotlines

NEED HELP? CALL:



Six Nations Mental Health & Addictions

Monday to Friday - 8:30am-4:30pm

Walk-in Crisis Services Available

1769 Chiefswood Road, Ohsweken

519-445-2143

Six Nations Social Services

Monday to Friday - 8:30am-4:30pm

Walk-in Crisis Services Available

15 Sunrise Court, Ohsweken

519-445-2071

Ganohkwasra Family Assault Support Services

24/7 Support Line

519-445-4324

First Nations & Inuit Hope for Wellness Help Line

24/7

Toll Free: **1-855-242-3310**

Website: **Hopeforwellness.ca** – online chat available

Six Nations Mobile Crisis Line 24/7

Text and Live Chat is now available during business hours.

519-445-2204 or 1-866-445-2204



Kids Help Line

Call: **1-800-668-6868**

Text: **CONNECT to 686868**

Website: **kidshelpphone.ca**
(online chat available)

