

Looking for Participants in the Tentewatá:ton/Dędwadado' Market Incentive Program

The market incentive program makes it easier for people with diet-related health challenges to access fresh fruits and vegetables. Participants will get 15 vouchers for a free produce bag from the Tentewatá:ton/Dędwadado' market.

Eligibility Criteria



- Managing a diet-related, cardiometabolic disease (obesity, heart disease, Type II diabetes, fatty liver etc.)
- Experience barriers in accessing healthy, fresh foods (transportation, cost, etc.)
- Willing to participate in a pre- and post-program survey
- Able to attend the market weekly between Oct-Feb (no delivery options)

About the Market

Tentewatá:ton/Dędwadado' is a new market in Ohswé:ken. The name of the market is in both Mohawk and Cayuga language and means "we will all trade with each other". It was developed to create a place where community can gather, share and trade. However, during the COVID-19 pandemic it will be drive-thru pick-up with pre-packaged food bags.

Wednesdays
3-6 pm
@ Community
Garden (end
of Sunrise
Court)

For More Info...

Please contact our dietitian for more information and to do a quick assessment to see if you are eligible for the program.

Email: DSinasac@sixnations.ca
Phone: 226-388-0440

