



## SIX NATIONS JUSTICE DEPARTMENT INDIGENOUS VICTIM SERVICES - CALL 1-866-964-5920

### TELEPHONE COUNSELLING SERVICES

During the Covid-19 pandemic and isolation period, Indigenous Victim Services will be offering telephone VICTIM AND GENERAL CRISIS COUNSELLING SERVICES to the Six Nations, Hamilton and Brantford Indigenous communities. If you are an Indigenous person, you are able to call our counsellors or if you have access to a laptop and internet, the counsellors can also offer counselling through skype and zoom. Call 1-866-964-5920 and you will be transferred to a counsellor. Counselors are available from Monday to Friday. See their hours of availability below.

**Lori McDonell** is a Registered Psychotherapist who specializes in Play Therapy, Cognitive Behavioral Therapy (CBT), and Solution Focused Therapy (SFT). Lori has been working with the First Nations community (SNGREC) for over nine years and has been supervising the Clinical Services Unit for the past six years at Child & Family. Lori McDonell is a Play Therapist Specialist with many years experience but is also experienced in Trauma Informed, SFT and CBT. Available Tuesday, Wednesday and Thursdays, 9 am to 4:30 pm.



**Tracy Zachariah** is from the Onondaga Nation Beaver Clan from Six Nations. Tracy has over thirty years working in the human service field. During this time most of her work included culturally sensitive case management for youth and adults experiencing crisis trauma, mental health, addictions, domestic/family violence issues and homelessness. Tracy has her degrees in Mental Health /Addiction Counselling and a Bachelor of Education; Aboriginal Adult Education with Distinction. Available Monday to Friday, 9 am to 4:30 pm.

#### **Leidy Cano, SSW, BSW (Honors)**

Leidy has experience working with individuals, children, adolescents, and families who suffer from a variety of mental illnesses. She uses a number of therapeutic modalities including, but not limited to Cognitive Behavior Therapy, Reality Therapy, Dialectical Behavioral Therapy, and Family Systems Theory. A holistic, strength based, person centered approach guides her practice while upholding and recognizing the importance of embodying Haudenosaunee core values. Available Monday to Friday, 8:30 am to 4 pm.

