

# MONDAY JUNE 4<sup>TH</sup>, 2018

Registration: 8:30 am  
Opening Ceremonies: 9:45 am  
Run Begins: 10 am

Walk • Run • Bike Event

10km (Run & Bike Only - No Walkers)

5km (Walk, Run or Bike)

Bikers **MUST** wear helmet for entire ride



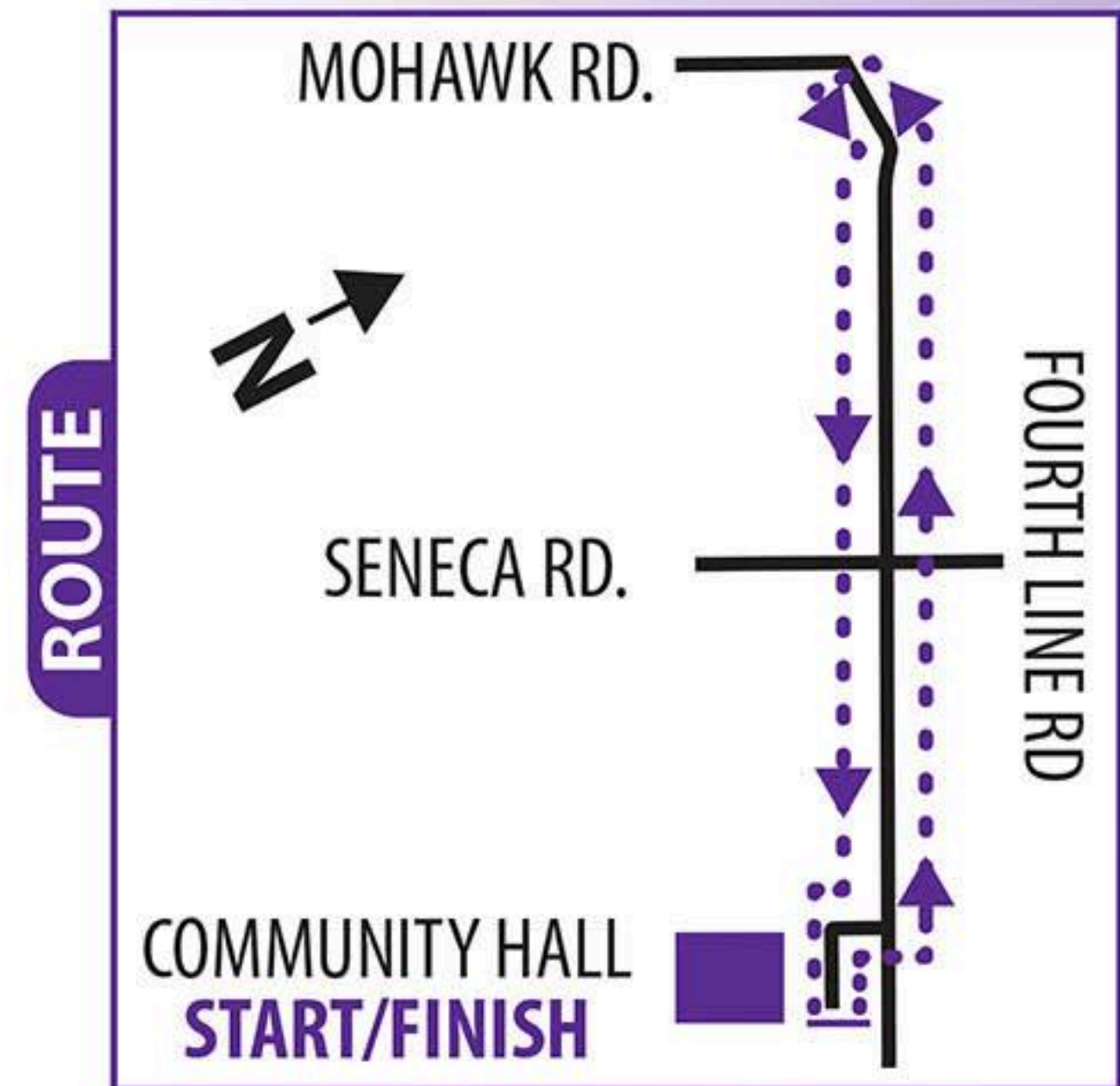
## TOM LONGBOAT *RUN*

SIX NATIONS OF THE GRAND RIVER

### 2018



## 19<sup>TH</sup> ANNUAL



## VOLUNTEERS NEEDED

Contact [leighthompson@sixnations.ca](mailto:leighthompson@sixnations.ca)  
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