

**LET'S GET ACTIVE!! – JOIN US FOR OUR ACTIVITY DAYS**



**MOVE  
PLAY**

**LAUGH  
DANCE**

**PURE  
FUN**

**DOOR  
PRIZES**

**LUNCH  
PROVIDED**

**DAJOH  
55+  
UPCOMING  
EVENTS**

**MODIFIED  
ACTIVITIES**

**LOW - MED  
IMPACT**

**ACTIVITY DAYS:**

**FRIDAY MARCH 8 & 22**

**HELD AT DAJOH YOUTH AND ELDER CENTER 11:00AM - 1:00PM**

**EVENING DATE: THURSDAY MARCH 14, 2019 5-7PM**

**NINTENDO WII BOWLING**

**FRIDAY MARCH 15, 2019 11:00AM-1:00PM**



**SIX NATIONS COUNCIL**



**To register or for more information contact: Rachel Hill 519-445-4311 X-5248**

**Transportation available**