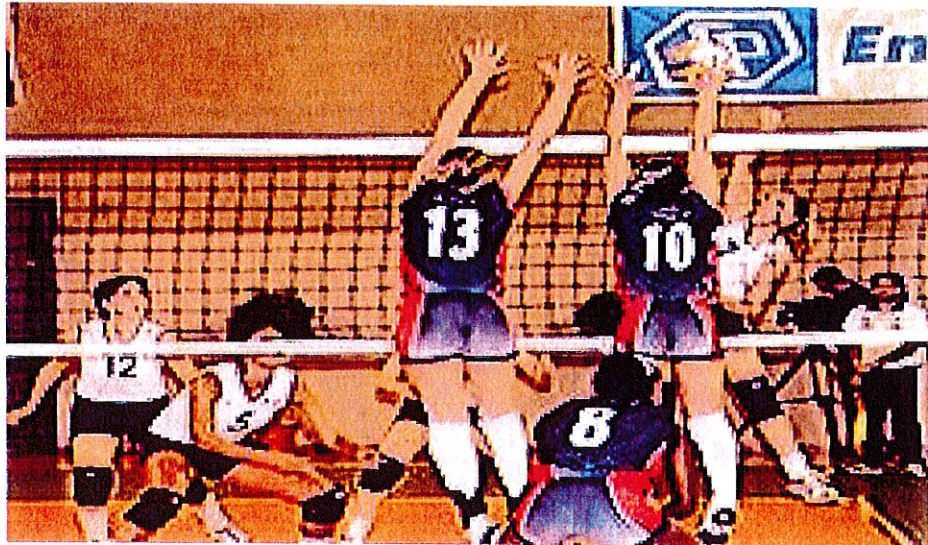


# Spikes Volleyball

**FREE**



**Six Nations  
Parks & Recreation**

1738 Fourth Line Road  
P.O. Box 419  
Ohsweken, Ontario  
N0A 1M0

Phone: 519-445-4311  
Fax: 519-445-4049

E-mail: [leighthompson@sixnations.ca](mailto:leighthompson@sixnations.ca)  
Facebook: Six Nations Parks and  
Recreation

**When:** TUESDAYS  
**Starts:** September 12, 2017  
**Ends:** November 28, 2017  
**Time:** 6:00-7:00 p.m.  
**Ages:** 10 to 13 years old  
**Place:** Dajoh-Onondaga Gymnasium

- ◆ **Registration Begins August 16, 2017 (Limited Space)**
- ◆ Increases your speed and improves your reflexes
- ◆ Good for overall health

