

NEED SUPPORT?

CONTACT THE CHILDREN'S MENTAL HEALTH WORKERS & YOUTH LIFE PROMOTION ADVISORS

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The Children's Mental Health (CMH) Program offers intervention-based programs and services focused on providing timely and tailored mental health and addictions support to Indigenous children and youth aged 0-18 in their communities. The programs and services offered are culturally grounded and strive to improve overall functioning and well-being for youth and their families by using holistic and evidence-based approaches to address presenting concerns as well as prevent further escalation into crisis.

The Youth Life Promotion (YLP) Program provides youth with services related to mental health support, suicide and mental health crises prevention, and programming grounded in culture, language, and a connection to the land. YLP serves youth aged zero to eighteen (0-18) and focuses on improving physical, mental, emotional, and spiritual outcomes for individuals as part of a holistic approach to wellness that recognizes the role of families, social networks, cultural identity, and the community at large. By providing these tailored services and programs in the Six Nations community, YLP reduces barriers to accessing service, supports multi-dimensional individual care plans, and advocates for client wellness across different service sectors.

During this time, workers are still available to provide support for students while schools are closed. Workers can be reached between 8:30am-4:00pm Monday to Friday via telephone, text, or email.

In the coming weeks there will be crafts, tutorials, and supply kits available upon request for delivery to your home as well as sports demonstrations, live storytelling, and other interactive games that will be accessible online.



YOUTH LIFE PROMOTION WORKERS CONTACT INFO

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