












# Support Services for Six Nations



Support services are available to community members of all ages who may need support. Due to community needs, certain services have extended their hours, noted in **blue**.

## To access support via phone, call:






-  **Six Nations Mental Health & Addictions**  
(519) 445-2143, Monday-Friday  
8:30am-4:30pm  
**Extended: Weekdays till 9pm, Weekends 9am-9pm**
-  **Mobile Crisis Rapid Response Team**  
1 (226) 446-9902  
Monday-Friday, 8am-11pm  
**Extended Weekend Hours: 9am-9pm**
-  **Six Nations Crisis Line (24/7)**  
(519) 445-2204 OR  
1 (866) 445-2204
-  **Indigenous Victims Services**  
(226) 227-2192 (Office Line)  
1 (866) 964-5920 (Direct Line)  
Monday-Friday, 8:30am-4:30pm
-  **Ohsweken Public Health**  
(519) 445-2672, Monday-Friday  
8:30am-4:30pm
-  **Talk 4 Healing for Indigenous Women**  
1 (855) 554-4315, 24/7
-  **First Nations & Inuit Hope for Wellness Help Line**  
1 (855) 242-3310, 24/7
-  **National Indian Residential School Crisis Line**  
1 (866) 925-4419, 24/7
-  **Talk Suicide Canada**  
1 (833) 456-4566, 24/7
-  **Ganohkwasra Family Assault Support Services**  
(519) 445-4324
-  **Kids Help Line**  
1 (800) 668-6868, 24/7







# Support Services for Six Nations



## Get support via Text/Chat:

-  **Kids Help Line**  
Text 'CONNECT', to 686868,  
or online chat:  
[kidshelpphone.ca](http://kidshelpphone.ca), 24/7
-  **Talk 4 Healing for Indigenous Women**  
Text: 1 (855) 554-4315, 24/7  
or online chat:  
[www.beendigen.com](http://www.beendigen.com), 24/7
-  **Talk Suicide Canada**  
Text: 45645, 24/7
-  **Six Nations Crisis Line**  
(226) 777-8480  
Monday-Friday, 8:30am-4pm
-  **First Nations & Inuit Hope for Wellness Help Line**  
Online Chat: [hopeforwellness.ca](http://hopeforwellness.ca)

## Drop-in for In-Person Support:

-  **Six Nations Mental Health & Addictions**  
1769 Chiefswood Road  
Monday-Friday, 8:30am-4:30pm  
**Extended: Weekdays till 9pm**  
**Weekends 9am-9pm**
-  **Mobile Crisis Rapid Response Team**  
1769 Chiefswood Road  
Monday-Friday, 8am-11pm  
**Extended Weekend Hours: 9am-9pm**
-  **Youth Drop-In (Ages 12-17)**  
1769 Chiefswood Road  
Monday, Wednesday, Thursday  
3-7pm  
**Extended: Monday-Friday 3-9pm**
-  **Ohsweken Public Health**  
1745 Chiefswood Road,  
Monday-Friday  
8:30am-4:30pm

